



## Observing Typical Routines: Facilitator Notes

**Note to Presenter:** Display a video clip of your own that shows an infant or toddler participating in a typical routine, such as mealtime, or an activity, such as playing with blocks or other floor toys. Alternatively, use a video clip from the [Results Matter Video Library](#), [Early Educator Central](#), or the [Infant Toddler Resource Guide](#). There are a variety of videos that can be used to practice observation skills. Decide whether you would like participants to share their observations in small groups or with the whole group, depending on your situation.

**Directions:** The purpose of this activity is to practice observing young children as they participate in a typical activity or routine. Ask participants to take written notes of their observations as they watch the video. It may be useful to watch more than once. Ask participants to consider the following questions:

- What does the child do? What does the child do independently? When does the child need help from an adult?
- What does the child seem to enjoy? (What makes the child smile, laugh, or get excited?)
- What is difficult for the child?
- What else did you notice?

Invite participants to share observations, making connections to the benefits listed earlier in the presentation and reflecting on any experience of the benefits of routines-based assessment and planning.