

ECLKC Resources Supporting Head Start Program Performance Standards

Head Start Program Performance Standard Subpart D: Health Program Services	Talking Points Summary	Supporting Resources & Location on the Early Childhood Health and Wellness Portal
Section 1302.40 Purpose	Provide high quality health, mental health, and nutrition services, such services support each child's growth and school readiness	<ul style="list-style-type: none"> – About Head Start > School Readiness > Your Roles – Health Services Management > Health Manager’s Orientation Guide – Health Services Management > Ask the Experts Series > Nurturing Health and Wellness in Early Childhood: Nurturing the Brain, Nurturing the Environment, and Nurturing the Nurturer – Multimedia > Making the Link Between Health and School Readiness – Health Services Management > Program Planning > Tip for Health Manager Series – Health Services Management > When Health Affects Assessment – Health Services Management > Health Services Advisory Committee> Weaving Connections – Health Services Management > Health Services Advisory Committee> A 21st Century Vision for Your Health Services Advisory Committee – Health Services Management > Health Services Advisory Committee> How to Make the Most of Your Health Services Advisory Committee – Health Services Management > Health Services Advisory Committee> Virtual Health Services Advisory Committee Meetings – Health Services Management > Program Planning > Health Services Newsletters – Health Services Management > Program Planning > Mental Health Services Newsletters – Oral Health > Oral Health Education Activities > Oral Health and Learning: When Children’s Oral Health Suffers, So Does Their Ability to Learn
Section 1302.41 Collaboration and communication with parents	Reflects the importance of parental communication, collaboration, permission, and input for the services described throughout the entire Health subpart.	<ul style="list-style-type: none"> – Health Literacy/Family Engagement > Health Education Materials for Parents and Staff – Health Literacy/Family Engagement > What is Health Literacy? – Health Literacy/Family Engagement > Health Tips for Health Families Series – Health Literacy/Family Engagement > What You Can Do to Improve Health Literacy> Parent Tip Sheets and Parent Cards: Welcome to Group Care – Your Family’s Health and Safety

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		<ul style="list-style-type: none"> – Health Services Management > Program Planning > Virtual Early Education Center – Physical Health > Individual Wellness Plans > Well Visit Planner for Families – Mental Health > Early Childhood Mental Health Consultation > Using Motivational Interviewing Techniques to More Effectively Partner with Parents – Mental Health > Early Childhood Mental Health Consultation > Early Childhood Mental Health Consultation > Material for Families – Oral Health > Oral Health: Tips for Families – Oral Health > Oral Health Assessment, Follow – Up, and Treatment > Discussing Oral Health with Parents of Children Who Have Dental Cavities – Oral Health > Oral Health Assessment, Follow – Up, and Treatment > Fluoride Varnish: Protect Your Child’s Smile – Oral Health > Oral Health Assessment, Follow – Up, and Treatment > Oral Health Self-Management Goals for Parents/Caregivers – Oral Health > Oral Health Education Activities > Get the Facts About Oral Health – Oral Health > Oral Health Education Activities > A Healthy Mouth for Your Baby – Oral Health > Oral Health Education Activities > Oral Health for Head Start Families – Oral Health > Oral Health Education Activities > Tooth Talk Videos – Multimedia > Oral Health >Healthy Smiles: Oral Health Webinar for Spanish-Speaking Families
<p>1302.42 Child health status and care resources</p>	<p>Combined requirements that are related to extended follow-up and care with those of initial screening and ongoing care. Reduced the timeframe for determining whether a child has an appropriate source of ongoing health care to 30 days. Ongoing care cannot operate primarily as an emergency room or urgent care facility.</p>	<ul style="list-style-type: none"> – Health Services Management > Program Planning > Health Services Newsletters – Health Services Management > Health Tracking and Recording > Determining Child Health Status – Physical Health > Screening, Assessment, Treatment, and Follow – Up > Health Issues in Head Start: Screening – Physical Health > Vision Screening: A Fact Sheet for Early Care and Education Programs – Multimedia > Beyond Vision Screening: Building a Comprehensive Vision Program – Physical Health > Screening, Assessment, Treatment, and Follow-Up >

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		<p>Screening: The First Step in Getting to Know a Child</p> <ul style="list-style-type: none"> – Physical Health > Screening, Assessment, Treatment, and Follow-Up > Implementing an Evidence-Based Vision Screening Program – Tools and Tips for All Ages! – Physical Health > Screening, Assessment, Treatment, and Follow-Up > Health Services Newsletter: Screening in Head Start (October 2013) – Physical Health > Individual Wellness Plans > Health Services Newsletters Asthma (June) & Food Allergies in Head Start (April 2014) – Physical Health > Individual Wellness Plans > Children with Special Health Care Needs Webinar – Physical Health > Ongoing Source of Continuous, Accessible Care or Medical Home > Health Services Newsletter: Helping Families Access Medical Care (November 2013) – Physical Health > Ongoing Source of Continuous, Accessible Care or Medical Home > Health Services Newsletter: Strong Connections, Strong Families – Increasing Collaboration Between Head Start and the Medical Home (November 2014) – Physical Health > Ongoing Source of Continuous, Accessible Care or Medical Home > The Medical Home and Head Start Working Together – Multimedia > Ask the Expert Series > Head Start and the Medical Home – Oral Health > Oral Health Assessment, Follow – Up, and Treatment > Oral Health Forms – Oral Health > Oral Health Assessment, Follow – Up, and Treatment > State Dental Periodicity Schedules – Oral Health > Oral Health Assessment, Follow – Up, and Treatment > Dental Hygienists and Head Start: What You Should
1302.43 Tooth Brushing	More accurately reflect the expectations for hygiene practices upon which programs are monitored, namely ensuring children brush their teeth during program hours.	<ul style="list-style-type: none"> – Oral Health > Oral Health Education Activities > Oral Health: Tips for Families – Oral Health > Oral Health Education Activities > Brush Up on Oral Health Newsletters – Oral Health > Oral Health Education Activities > Healthy Habits for Happy Smiles – Multimedia > Oral Health >Healthy Smiles: Oral Health Webinar for Spanish-Speaking Families – Oral Health > Oral Health Education Activities > Oral Health: Tips for

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		<p>Health Managers</p> <ul style="list-style-type: none"> – Oral Health > Oral Health Education Activities > IHS Head Start: Start Healthy. Grow Healthy. – Oral Health > Oral Health Education Activities > Oral Health and Learning: When Children’s Oral Health Suffers, So Does Their Ability to Learn
1302.44 Child Nutrition	<p>Reflect nutritional services programs provide directly to children and making safe drinking water available. Removed all nutritional assessments, family style meals, safety practices, breastfeeding.</p>	<ul style="list-style-type: none"> – Nutrition > Nutrition Education > Growing Healthy Postcard – Nutrition > Nutrition Education > Growing Healthy: A Guide for Head Start Managers and Families about Healthy Active Living for Young Children – Nutrition > Nutrition Education > Growing Healthy: Feeding for (Various Ages) – Nutrition > Nutrition Education > Health Services Newsletter: Nutrition in Pregnancy (May 2015) – Nutrition > Nutrition Education > I am Moving, I am Learning – Nutrition > Nutrition Education > Little Voices for Healthy Choices: Beyond Bottles and Baby Food – Nutrition > Nutrition Education > Table Project
1302.45 Child Mental Health	<p>Improve how programs use mental health consultants. Removed the requirement of ‘sufficient frequency’.</p>	<ul style="list-style-type: none"> – Mental Health
1302.46 Family Support Services for Health, Nutrition, and Mental Health	<p>Standalone section on program requirements for education and assistance to parents related to health needs. Highlights critical importance of parental health literacy.</p>	<ul style="list-style-type: none"> – Health Literacy/Family Engagement > Health Education Materials for Parents and Staff – Health Literacy/Family Engagement > What is Health Literacy? – Health Literacy/Family Engagement > Health Tips for Health Families Series – Health Literacy/Family Engagement > What You Can Do to Improve Health Literacy> Parent Tip Sheets and Parent Cards: Welcome to Group Care
1302.47 Safety Practices	<p>Programs establish, train staff on, implement, and enforce health and safety practices that ensure children are safe at all times. Require health and safety requirements for facilities, equipment and materials, background checks, staff safety training, safety practices staff must follow, hygiene practices, administrative safety</p>	<ul style="list-style-type: none"> – Safety and Injury Prevention > Safe and Healthy Environments > Keep Children Safe Using Active Supervision – Safety and Injury Prevention > Safe and Healthy Environments > Hazard Mapping Instructions for Grantees – Safety and Injury Prevention > Safe and Healthy Environments > Tips for Keeping Children Safe: A Development Guide – Safety and Injury Prevention > Safe and Healthy Environments > Tips for Keeping Infants and Toddlers Safe: A Development Guide for Home Visitors

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	<p>procedures, and disaster preparedness plans. Center-based programs meet licensing requirements and all family child care programs be licensed to maintain a minimum level of safety. Require all programs report any safety incidents</p>	<ul style="list-style-type: none"> – Safety and Injury Prevention > Transportation Safety > Child Passenger Safety – Safety and Injury Prevention > Transportation Safety > Transportation Q&A – Health Services Management > Program Planning > Virtual Early Education Center – Safety and Injury Prevention > Medication Administration > Health Issues in Head Start – Medication Administration – Emergency Preparedness
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