

# Caring Connections: Let's Talk About You

## Information Sheet

### Podcast 1, Caring Connections, Let's Talk About You

#### **This Month's Topic:** You

**Description:** The work that Early, Migrant and Seasonal and AIAN Head Start programs do with children from birth to five years of age, their families and communities is intended to be imbedded in a context of strong relationships and intentional, individualized, responsive interactions. This podcast, which opens the Caring Connections podcast series, highlights the importance of the adult-child relationship and interactions as the base for all work in Early, Migrant and Seasonal and AIAN Head Start programs.

#### **Resources referred to in this Podcast:**

Early Head Start National Resource Center (EHS NRC) website:

[http:// www.ehsnrc.org](http://www.ehsnrc.org)

Early Childhood Knowledge and Learning Center (ECLKC) <http://eclkc.ohs.acf.hhs.gov>

Little Voices for Healthy Choices was a year-long initiative funded by the Office of Head Start to explore the areas of music, movement, brain development, nutrition and sleep as they relate to the 0-3 period. To view a video introducing the initiative and webinars produced as part of the initiative year, use the following link to the EHS NRC website. <http://www.ehsnrc.org/Activities/littlevoices.htm>

A DVD and materials produced from the National Orientation Conferences for newly funded Early Head Start Programs are forthcoming via the ECLKC and EHS NRC websites.

#### **Head Start Program Performance Standards Relevant to the Content in this Podcast:**

This podcast segment was designed to be any overview and speaks very broadly to work within Early, Migrant and Seasonal and AIAN Head Start programs. As such, multiple standards are relevant to the content presented.



If you do not have a copy of the Head Start Program Performance Standards and would like to view them electronically, you can use the following link to the ECLKC:

<http://eclkc.ohs.acf.hhs.gov/hslc/Head%20Start%20Program/Program%20Design%20and%20Management/Head%20Start%20Requirements/Head%20Start%20Requirements>

Particular areas of the Head Start Program Performance Standards that address the concepts discussed here include

- [§ 1304.21 Education and early childhood development.](#)
- [§ 1304.22 Child health and safety.](#)
- [§ 1304.23 Child nutrition.](#)
- [§ 1304.24 Child mental health.](#)
- [§ 1304.40 Family partnerships.](#)
- [§ 1304.41 Community partnerships.](#)

Click on the bulleted items above to link directly to the Performance Standards categories.

