

## Applying Consultation Skills to Oral Health Promotion

### Activity Intro

Heading	Why is this important?
Intro text	<p>Oral health is a critical component of a young child’s overall health, development, and ability to learn. Issues related to oral health may be easily overlooked in <a href="#">Early Care and Education Programs (ECE)</a> programs.</p> <p>In this short presentation, you will see how strategies of successful consultation can help a <a href="#">Child Care Health Consultant (CCHC)</a> address a child’s oral health.</p> <p><b>The next slide includes audio. Headphones are recommended.</b></p>
Button text	Net

#### Video Scene 1

On-Screen Content	VO
<p>Tara’s Story:</p> <ul style="list-style-type: none"><li>• Dramatic change in behavior</li><li>• She is disruptive</li></ul>	<p>For the past month, Tara’s teachers have noticed a dramatic change in her behavior. She refuses to participate in group activities. Tara yells and cries often, and is disruptive in her preschool classroom.</p>

#### Video Scene 2

On-Screen Content	VO
<p>Reese is a CCHC who works with the program.</p> <p>He is invited to observe Tara.</p>	<p>Unsure of how to proceed, Tara’s teachers ask their <a href="#">CCHC</a>, Reese, to visit the classroom to observe Tara and get advice about how to best manage her behavior.</p>

### Video Scene 3

On-Screen Content	VO
<p>Later that day, he meets with Tara’s teachers.</p> <p>Reese and the teachers talk about Tara.</p> <ul style="list-style-type: none"> <li>• Family stressors</li> <li>• Changes in behavior</li> <li>• Changes in diet</li> </ul>	<p>Reese observes Tara during lunch time. When the children are set for their afternoon rest, he follows up with her teachers.</p> <p>Reese and one of Tara’s teachers talk about Tara, family stressors, and changes in her classroom behavior.</p> <p>The teacher shares that Tara has been eating much less food at lunch.</p>

### Video Scene 4

On-Screen Content	VO
<p>Reese explains that Tara’s challenging behavior might be caused by a health issue.</p> <p>Pain can manifest as behavior problems.</p>	<p>Reese compliments them on their commitment to supporting Tara.</p> <p>He explains that sometimes pain manifests as a behavior problem, and treating the cause of the pain helps change the behavior. He expresses concern that Tara may be experiencing a health issue.</p> <p>Challenging behavior can often be traced back to pain or illness that the child cannot identify and label.</p>

### Video Scene 5

On-Screen Content	VO
<p>Reese and the director discover that there are no records of dental visits in Tara’s file.</p>	<p>In order to dig deeper into the concerns about Tara, Reese asks the</p>

<p>Reese thinks that Tara might be experiencing mouth pain.</p>	<p>director if they can look at her health history together.</p> <p>Reese and the director review Tara’s health records and discover that no dental visit is recorded in the child’s file.</p> <p>Reese recalls from his observation that during lunch Tara said “ouch” while she was eating and said her cheeks hurt.</p>
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Video Scene 6

<p>On-Screen Content</p>	<p>VO</p>
<p>Reese talks to the staff about ways to help improve Tara’s oral health.</p>	<p>Reese encourages the director to talk with Tara’s parents about the last time Tara saw a dentist.</p> <p>What are some other ways that Reese and the staff can help address Tara’s oral health?</p>
<p>Button text: Next Button text: Transcript</p>	

Page-turn Section

Page Number	Content
<p>1</p>	<p>Connect with Tara’s family</p> <p>One action that Reese can take is to encourage the director to talk with the family about their <a href="#">oral hygiene</a> practices at home.</p> <p>Reese can provide the program with educational resources for tooth brushing, using fluoride toothpaste, and other tips for promoting good oral health that can be given to families.</p>

	Reese can also help the director work with Tara’s family to find a <a href="#">dental home</a> for Tara to receive oral health care if she doesn’t already have a dentist. Her oral health may relate to her recent changes in behavior.
2	<p>Train program staff</p> <p>Another important strategy to promote good oral health is training staff to provide education to children and families.</p> <p>During the training, Reese can explain that good oral health contributes to children’s self-esteem, language development, and learning.</p> <p>He can share that healthy habits throughout the day—like brushing with fluoride toothpaste, drinking water instead of sugar-sweetened beverages, and eating healthy foods—promote good oral health and overall health.</p>
3	<p>Implement a brushing protocol</p> <p>Reese can help the <a href="#">ECE</a> program develop and implement a daily tooth brushing routine using fluoride toothpaste.</p> <p><a href="#">Brushing at the table</a></p>
Button text	<p>Previous</p> <p>Next</p>

### Activity Conclusion

Heading	Wrap-up
Conclusion text	<p>Are you ready to address oral health at your programs?</p> <p>Many families and <a href="#">ECE</a> providers aren’t aware that poor oral health can affect a child’s development, or that the pain associated with oral health problems may show up in young children as behavior issues.</p> <p>You can help promote oral health by training staff on the connection between oral health and overall wellness and learning. Training also helps programs implement policies and procedures that support oral health. Finally, training helps staff understand the importance of access to a dental home.</p>
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