



Family rules

What are the rules in your family?

Your child is learning about rules at home and at school.

Why do we have rules?

- To be safe
- To respect people, animals, and property
- To be polite



Choose rules
I can follow,
with your help.



How can we talk about rules?

Tell your child what you want her to do. *"We wash our hands before dinner."*

Make sure your child knows what will happen if she breaks a rule. (And be sure to follow through with logical consequences.) She will be more likely to remember and follow the rule the next time.

"Crayons are for paper. If you use the crayons on the wall, I will have to put them away."

Let your child know that adults have rules too.

"If I drive too fast, I may get a ticket and have to pay a fine. It's not safe to drive too fast."

Ask your child to help create rules.

"Where can we play with the ball so things don't get broken?"

Remember to encourage your child's efforts.

"Thank you for helping to clean up. You picked up all your clothes!"