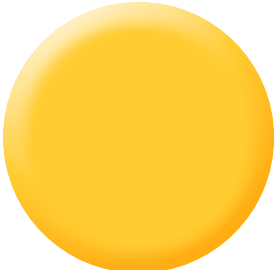
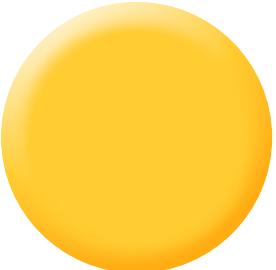
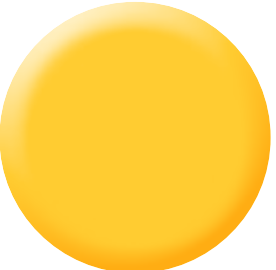
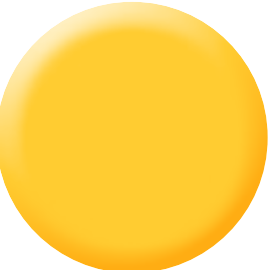
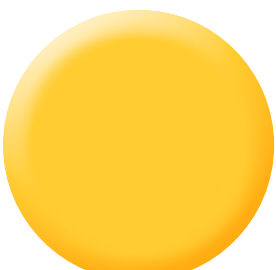
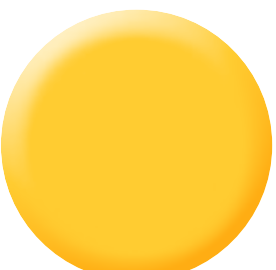
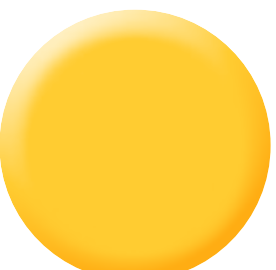
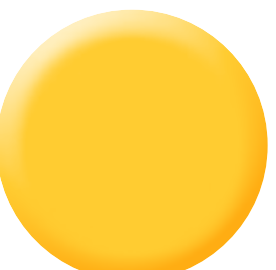
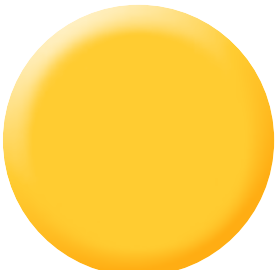
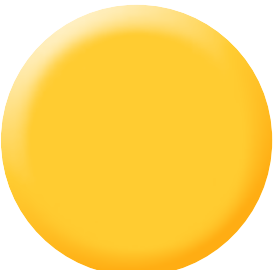
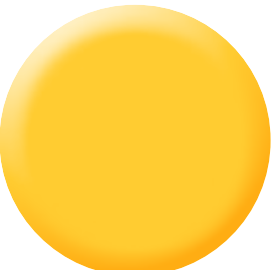
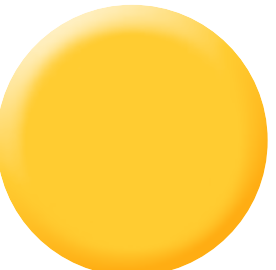




PUSH MY BUTTONS!

Activity overview: The purpose of this activity is to reflect on better ways for adults to communicate with each other.

<p>On each circle, write down the behaviors that push your buttons when working with adults in the classroom.</p>				
<p>On each circle, write down your feelings when faced with these behaviors.</p>				
<p>On each circle, write down the impact your feelings have on your relationship with the adults who exhibit these behaviors.</p>				
<p>Write down what you can do differently when your buttons are pushed:</p>				

Adapted from: The Center on the Social and Emotional Foundations for Early Learning/Vanderbilt University