



Practice-Based Coaching: Components and Implementation Strategies

Handout: Reflection and Feedback: Video Viewing Form

Objective

The purpose of this activity is to better understand effective ways to guide educator reflection and provide effective feedback.

Instructions

As you watch this video of coaches in conversation with educators, write down examples you hear of:

- Reflective phrases and questions.
- Supportive and constructive feedback.

Definitions

Reflective phrases and questions

Reflective statements restate what the educator has said. Open-ended questions invite the educator to recall their own actions, share their perception and insights, and make comparisons to the past or imagine the future.

Supportive and constructive feedback

Supportive feedback recognizes an educator’s effort or progress in trying out a new skill. Constructive feedback provides information or resources to help an educator expand or adjust a practice.

Video: Preschool

Examples: Reflective phrases and questions	Examples: Supportive and constructive feedback

Video: Infants and Toddlers

Examples: Reflective phrases and questions	Examples: Supportive and constructive feedback