

## What's the Difference?

### ANSWER KEY

Fill in the blanks by matching the following words to their definition:

- Training
- Professional development
- Technical assistance

**Technical assistance:** The provision of targeted and customized supports by a professional with subject matter and adult learning knowledge and skills with the goal of developing or strengthening processes, knowledge application, or implementation of services.

**Professional development:** Learning experiences specific to an area of inquiry and related set of skills or dispositions, delivered by a professional with subject matter and adult learning knowledge and skills.

**Training:** High-quality, role-specific activities meant to improve the knowledge and skills of Head Start leaders, teachers, and staff in order to improve service delivery.

