## Eating at the Table

My name is	and I am	years old
I go to preschool at		



At school, we eat our meals and snacks while we sit at the table.



Sitting at the table makes it easier to eat safely and neatly. When it is mealtime, I will try and stay sitting at the table until my teachers say I can be all done and get up. Until they tell me I can get up, I will keep sitting at the table.



My teachers like it when I stay at the table while I am eating my meal or my snack.

