

Visual Support Guide: Daily Transitions

What?

These visuals provide information on what happens during arrival, between activities, or at the end of the day. Showing children a visual before a transition can help them understand what's happening next and what they need to do. Preparing children for what comes next can help prevent challenging behaviors during transitions.

Why?

 Many children have a hard time understanding which activity they need to move to next or what the steps are to get there. Showing a visual while giving a verbal direction helps some children better understand what's happening and what they need to do.

How?

- Make daily transition visuals.
 - Cut out individual cards and laminate them. Translate the actions into all the languages spoken by the children in your program or make separate pictures for each language.
 - Punch a hole in the cards and put them on a ring so you can easily carry them with you to use as needed throughout the day.
- Use transition visuals.
 - Begin with showing the "all done" or "clean up" visual to the child. Use clear language to tell them the current activity is finished: "We're all done with outside play."
 - Then show the child pictures of what to do next. Clearly explain the transition, using language the child can understand: "Next is snack. Time to line up to go inside." Point to each symbol as you say the word to help the child understand.
 - Some children benefit from having a timer to signal the end of an activity. Show the picture of the timer. Tell the child that when the timer goes off, it will be time to change activity.

Daily Transitions



Daily Transitions

