





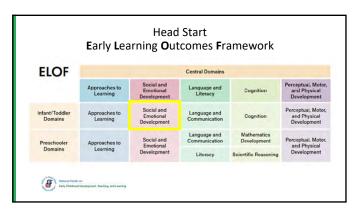


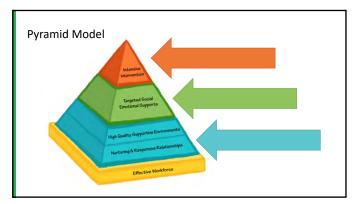
Guest Expert: Sarah Basler NCECDTL



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## Social competencies and problem-solving skills are key to healthy social emotional development Acquiring problem-solving skills are levelopment Acquiring problem-solving skills early in life builds a strong foundation which supports the child in using these skills independently later



Why is Problem Solving Important in Child Development?

- 1. Identify problems
- 2. Brainstorm possible solutions
- 3. Test appropriate solutions
- 4. Analyze results

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## Problem-Solving Skills Build Confidence



Confident, capable children grow into confident, capable adults!

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## What skills do children need to be successful at problem solving?



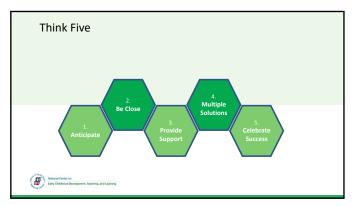
- Initiate and respond to others
- Play with others
- Identify emotions
- Regulate emotions
- Identify the problem
- Identify possible solutions







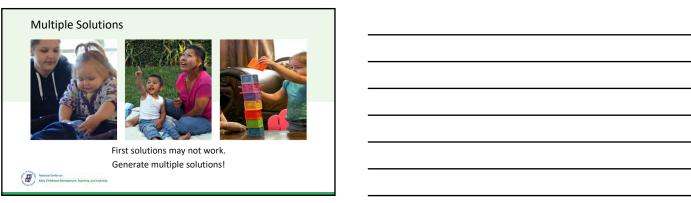


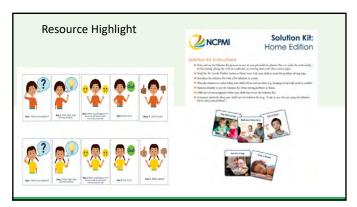




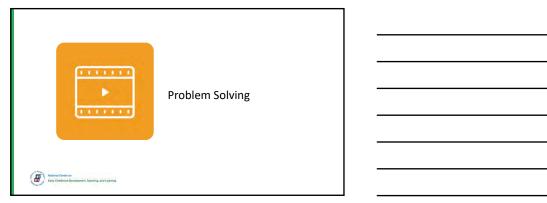














Strategies

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## Tips for Parents

- Help children relax
- Time
- Be a coach

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What is the home visitor's role in supporting families with these practices?



- Identifying opportunities where parents need more support
- Modeling
- Planning for when to practice
  skills

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What are the key take-aways you would like home visitors to know when it comes to problem solving?



- Complex skills that need to be broken down
- Be proactive and teach the skills before problems arise
- Children are never too young to start teaching!













