Anti-Bias Teaching and Learning Environments in Head Start and Early Head Start Programs

Viewer's Guide

This viewer's guide summarizes the key ideas for supporting anti-bias teaching and home visiting practices and promoting inclusive learning environments in Head Start settings. We will discuss children's understanding of race and identity development and strategies to promote anti-bias practices through supportive interactions and activities with children. You can also find additional resources in the Resources section of this guide.

1. What do these children understand about race?

Infants	
Toddlers	
Preschoolers	

Early Childhood
National Centers

2. How do implicit biases impact children?

Dr. Walter Gilliam

3. How can you use the Four Core Goals of Anti-Bias Education?

Identity
Diversity
Justice
Activism

Early Childhood
National Centers

4. What entry point will you work through this week?

Entry Point:

What **feelings** have come up for me?

Thinking – What might be meaningful to explore with children?

Responding – How will I respond in the moment, long term, or make the topic accessible?

Sharing – How can I share with children, families, staff members, colleagues, and the field?

Early Childhood
National Centers

Resources

Online Resources	**Personal/Interpersonal Reflection** ■ Multicultural Principles for Early Childhood Leaders: https://eclkc.ohs.acf.hhs.gov/culture-language/article/multicultural-principles-early-childhood-leaders ■ Parent, Family and Community Engagement (PFCE) Framework: Reflect on your own perspective. https://eclkc.ohs.acf.hhs.gov/family-engagement/developing-relationships-families/reflect-your-own-perspective ■ Implicit bias in early education: Is it as black and white? https://bold.expert/implicit-bias-in-early-education-is-it-as-black-and-white/ ■ Take the Implicit Association Test: http://implicit.harvard.edu ■ Webinar: Know, then Grow: Becoming and Anti-Racist, Anti-Biased, Trauma-Informed Educator. https://info.teachstone.com/webinar-know-then-grow-becoming-and-anti-racist-anti-biased-trauma-informed-educator ■ Join MyPeers! https://eclkc.ohs.acf.hhs.gov/about-us/article/mypeers-collaborative-platform-early-care-education-community **Learning Environments and Interactions** ■ ELOF Effective Practice Guide: Sense of Identity and Belonging https://eclkc.ohs.acf.hhs.gov/school-readiness/effective-practice-guides/sense-identity-belonging ■ Talking to Children About Differences and Similarities https://eclkc.ohs.acf.hhs.gov/publication/talking-children-about-differences-similarities ***Note: also see "Connect to Home" section within this resource** ■ Talking to Very Young Children about Race https://challengingbehavior.cbcs.usf.edu/docs/Talking-to-children-race.pdf ■ 16 ways to help children become thoughtful, informed, and BRAVE about race https://www.embracerace.org/resources/16-ways-to-help-children-become-thoughtful-informed-and-brave-about-race ■ Understanding Anti-Bias Education: Bringing the Four Core Goals to Every Facet of Your Curriculum. https://www.naeyc.org/resources/pubs/yc/nov2019/understanding-anti-bias ■ Moving Beyond Anti-Bias Activities: Supporting the Development of Anti-Bias Practices https://www.naeyc.org/resources/pubs/yc/mar2016/moving-beyond-anti-bias-activities ■ Creating and Anti-Racist Classroom www.edutopia.org/blog/anti-racist-classroom-danielle-moss-lee

Resources

| Online Resources | **Reviewing and Selecting Books**

- Guide for Selecting Anti-Bias Children's Books
  https://socialjusticebooks.org/guide-for-selecting-anti-bias-childrens-books/
- Thirteen books for young children that feature protagonists of color
  https://www.businessinsider.com/kids-books-about-diversity-and-acceptance
- Broadening the Story: 60 Picture Books Starring Black Mighty Girls
  https://www.amightygirl.com/blog?p=11056
- Black Boy Joy: 30 Picture Books Featuring Black Male Protagonists
  https://www.readbrightly.com/picture-books-featuring-black-male-protagonists/
- 20 Picture Books for 2020: Readings to Embrace Race, Provide Solace & Do Good
  https://www.embracerace.org/resources/20-picture-books-for-2020

Research Summary

- **3 months.** At 3-months children can discriminate between faces by race. Babies look more at faces that match the race of their caregivers. (Kelly et al. 2005).
- **6 months.** Infants as young as 6 months can categorize people by both gender and race (Katz & Kofkin, 1997).
- **2 years.** By 30 months, most children use race to choose playmates. (Katz & Kofkin, 1997).
- **3-5 years.** Three- to five-year-olds not only categorize people by race, but express bias based on race (Aboud, 2008; Hirschfeld, 2008; Katz, 2003; Patterson & Bigler, 2006).

  In a yearlong study, Van Ausdale & Feagin (2001), found that three- to five-year-olds in a racially and ethnically diverse child care center used racial categories to identify themselves and others, to include or exclude children from activities, and to negotiate power in their own social/play networks.

  By age 5, some children express preferences for their own race (Kinzler & Spelke, 2011).

  By kindergarten, children show many of the same racial attitudes that adults in our culture hold— they have already learned to associate some groups with higher status than others. (Dunham et al, 2008).
- **Doll Test Overview**
  https://www.theroot.com/the-doll-test-for-racial-self-hate-did-it-ever-make-se-1790875716.
- **Doll Test Example**
  https://www.youtube.com/watch?v=tkpUyB2xgTM. |

Resources

Citations	Aboud, F. E. (2008). A social-cognitive developmental theory of prejudice. In S. M. Quintana & C.
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	Dunham, Y., Baron, A. S., & Banaji, M.R. (2008). The development of implicit intergroup cognition. Trends in Cognitive Sciences. 12:248–253.
	Hirschfeld, L. A. (2008). Children's developing conceptions of race. In S. M. Quintana & C. McKown (Eds.), Handbook of race, racism, and the developing child (p. 37–54). John Wiley & Sons, Inc.
	Katz, P. A., & Kofkin, J. A. (1997). Race, gender, and young children. In S. S. Luthar, J. A. Burack, D. Cicchetti, & J. R. Weisz (Eds.), Developmental psychopathology: Perspectives on adjustment, risk, and disorder (p. 51–74). Cambridge University Press.
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	Kelly, D. J., Quinn, P. C., Slater, A. M., Lee, K., Gibson, A., Smith, M., Ge, L., & Pascalis, O. (2005). Three-month-olds, but not newborns, prefer own-race faces. Developmental science, 8(6).
	Kinzler, K., Spelke, E. (2011). Do infants show social preferences for people differing in race? Cognition. 119. 1-9.
	McKown (Eds.), Handbook of race, racism, and the developing child (p. 55–71). John Wiley & Sons, Inc.
	Patterson, M. M., & Bigler, R. S. (2006). Preschool Children's Attention to Environmental Messages About Groups: Social Categorization and the Origins of Intergroup Bias. Child Development, 77(4), 847–860.