



## Viewer's Guide

This viewer's guide will help you capture your ideas as you engage in the webinar content. During this webinar, we will focus on the first year of life from the infant's perspective. How do they think? What do they feel? The reflection questions and activities will help you think about ways to support children throughout their first year.

Helpful resources can be found in the Resources section of this guide.

## Video Reflection: What Does This Child See?

**As you watch this silent video, what do you think this baby is looking at? What could be so interesting in a baby's world?**



## Video Reflection: What Does This Child See?

Think like an infant for a minute. Write down any thoughts you have about what this infant might be seeing, experiencing and thinking.



## Head Start Early Learning Outcomes Framework (ELOF)

<https://eclkc.ohs.acf.hhs.gov/interactive-head-start-early-learning-outcomes-framework-ages-birth-five>

We'd like to encourage you to use the Head Start Early Learning Outcomes Framework (ELOF) as your guide to understand the continuum of learning and development from birth to five.

While we will touch on key areas throughout the learning domains, we'll barely have time to scratch the surface of the amazing development infants experience before their first birthday.

Follow the link above to explore the interactive ELOF. Click on an Infant/Toddler Domain, then click on a sub-domain. For each sub-domain, you'll find learning goals that are important for all children. Each goal then outlines the developmental progression of skills for ages birth through three. This is an invaluable resource as you work to understand and support children's development!

	CENTRAL DOMAINS				
	APPROACHES TO LEARNING	SOCIAL AND EMOTIONAL DEVELOPMENT	LANGUAGE AND LITERACY	COGNITION	PERCEPTUAL, MOTOR AND PHYSICAL DEVELOPMENT
INFANT/TODDLER DOMAINS	Approaches to Learning	Social and Emotional Development	Language and Communication	Cognition	Perceptual, Motor and Physical Development
PRESCHOOLER DOMAINS	Approaches to Learning	Social and Emotional Development	Language and Communication Literacy	Mathematics Development Scientific Reasoning	Perceptual, Motor and Physical Development

## ELOF2GO Mobile Apps



**English.** Need to access the ELOF on the go? Check out ELOF2GO, a mobile app that includes the ELOF developmental progressions: <https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>



**Spanish.** Need access to the ELOF on the go in Spanish? The mobile app MiELOF is available here: <https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/aplicacion-movil-mielof-en-espanol>



**Home Visitors.** ELOF@HOME is an app for home visitors that provides on-the-go access to effective practices you can use to support learning goals within the ELOF. Learn more and download the app here: <https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>

## Brainstorm: Take It Outside

Write down ways you can use the outdoors or help families provide enriching outdoor experiences during the first year of life.

0 – 3 months

3 – 6 months

6 – 9 months

9 – 12 months

## Video Reflection: What Does This Child See?

Now that you've watched the rest of the video, write down some ideas about why the infant's interest was captured.



## Learn from Families

Write down one question you can ask a family to help you better understand and support their infant. Consider their possible answers and how you might respond.

## Behavioral Cues

Infants communicate so much with their behavior. Learning to recognize their behavioral cues can be immensely helpful for you and families.

Think about what behavioral cues infants may use to communicate each of the following.

I need a break \_\_\_\_\_

I'm ready to eat \_\_\_\_\_

I'm bored \_\_\_\_\_

I'm interested / excited \_\_\_\_\_

We encourage you to check out the BabyTalks webinar, *Responsive Caregiving as an Effective Teaching Practice* through the link below. Learn more about reading infants' behavioral cues and using responsive caregiving to recognize and respond to individual communication patterns.



<https://eclkc.ohs.acf.hhs.gov/video/responsive-caregiving-effective-practice-support-childrens-social-emotional-development>

## Video Reflection: Skill Development

Write down what you notice about this infant's skills and development.



As she practices skills and explores, what domains of the ELOF is she engaging? Write down what skills you think she is practicing for those domains.

ELOF Domains	Skills
Approaches to Learning	
Social and Emotional Development	
Language and Communication	
Cognition	
Perceptual, Motor and Physical Development	

## Helpful Resources

### Early Learning Outcomes Framework (ELOF)

Head Start Early Learning Outcomes Framework

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/head-start-early-learning-outcomes-framework>

ELOF2GO and MiELOF

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>

ELOF@HOME

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>

Effective Practice Guides

<https://eclkc.ohs.acf.hhs.gov/school-readiness/effective-practice-guides/effective-practice-guides>

### Webinars

BabyTalks: Addressing Infant and Toddler Behaviors That Challenge Adults

<https://eclkc.ohs.acf.hhs.gov/video/addressing-infant-toddler-behaviors-challenge-adults>

BabyTalks: Responsive Caregiving as an Effective Practice to Support Children's Social and Emotional Development

<https://eclkc.ohs.acf.hhs.gov/video/responsive-caregiving-effective-practice-support-childrens-social-emotional-development>

BabyTalks: Supporting Infants and Toddlers with Disabilities or Suspected Delays

<https://eclkc.ohs.acf.hhs.gov/video/supporting-infants-toddlers-disabilities-or-suspected-delays>

BabyTalks: Supporting Messy Play with Infants and Toddlers

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/babytalks>

Infant/Toddler Cognition: Supporting Early Math

<https://eclkc.ohs.acf.hhs.gov/school-readiness/teacher-time-series/infanttoddler-cognition-supporting-early-math>

Safe and Nurturing Learning Environments for Infants and Toddlers

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/safe-nurturing-learning-environments-infants-toddlers>

Social and Emotional Development for Infants and Toddlers

<https://eclkc.ohs.acf.hhs.gov/school-readiness/teacher-time-series/social-emotional-development-infanttoddlers>

## Videos

Caring Connections: Let's Talk About Following the Baby

<https://eclkc.ohs.acf.hhs.gov/video/lets-talk-about-following-baby>

Play Promotes Early Development: It's Time for Play! Video Series

<https://eclkc.ohs.acf.hhs.gov/curriculum/article/play-promotes-early-development-its-time-play>

It's Time for Play! Messy Play: <https://eclkc.ohs.acf.hhs.gov/curriculum/article/play-promotes-early-development-its-time-play>

It's Time for Play! Outdoor Play: <https://eclkc.ohs.acf.hhs.gov/videocast/its-time-play-outdoor-play>

It's Time for Play! Music and Play: <https://eclkc.ohs.acf.hhs.gov/videocast/its-time-play-music-play>

Tummy Time and Free Play for Infants

<https://eclkc.ohs.acf.hhs.gov/video/tummy-time-free-play-infants>

## Podcasts

Healthy Home Visiting: Tummy Time

<https://eclkc.ohs.acf.hhs.gov/podcast/healthy-home-visiting-tummy-time-podcast>

Research on the Go

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/research-go>

## Briefs and Tip Sheets

Active Play: Health Tips for Families

<https://eclkc.ohs.acf.hhs.gov/publication/active-play-health-tips-families>

Brilliant Bilingual Babies

<https://eclkc.ohs.acf.hhs.gov/publication/brilliant-bilingual-babies>

Designing Messy Play for Infants and Toddlers

<https://eclkc.ohs.acf.hhs.gov/publication/designing-messy-play-infants-toddlers>

Re-Connecting and Building Relationships with Infants

[https://challengingbehavior.cbcs.usf.edu/docs/Reconnecting\\_Infants.pdf](https://challengingbehavior.cbcs.usf.edu/docs/Reconnecting_Infants.pdf)

Responsive Interactions

<https://eclkc.ohs.acf.hhs.gov/publication/youre-best-teacher-responsive-interactions-young-children>

Social Emotional Tips for Families with Infants

<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/s-e-tips-families-infants.pdf>

## e-Book

Individualizing Care for Infants and Toddlers



<https://eclkc.ohs.acf.hhs.gov/teaching-practices/individualizing-care-infants-toddlers/individualizing-care-infants-toddlers>

## News You Can Use

Early Science Learning for Infants and Toddlers

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/news-you-can-use-early-science-learning-infants-toddlers>

Environment as Curriculum for Infants and Toddlers

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-environment-curriculum-infants-toddlers>

Take It Outside / Take It Inside

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-take-it-outside>

<https://eclkc.ohs.acf.hhs.gov/learning-environments/article/news-you-can-use-take-it-inside>