



While You Are Waiting
Open the Participant's Guide and Get Ready...



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National Center on
Early Childhood Development, Teaching, and Learning

Thursday, April 21, 2022

**How Infants and Toddlers Think and Feel:
What the Research Tells Us, Part 2**

Host
Dawson Nichols, PhD

Host
Beth Zack, PhD



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Presenters



Dawson Nichols,
PHD



Beth Zack,
PHD



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The First Three Years



13 – 24 months



1 – 12 months

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The First Three Years

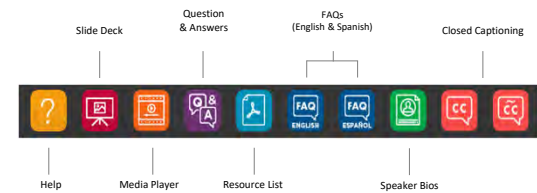


13 – 24 months

See the world the way they see it
Empathize with their experiences

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Webinar Features



= Consult your Participant's Guide

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Principles of Development, Birth to Five



1. I am fascinated by people, and I readily learn from them.
2. I learn through experience, and I need help getting access to the things that will help me learn and grow.
3. I need help navigating change and regulating my emotions.



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Every Child Is Unique



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Relationships Are Key




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Learning Objectives





1. Identify strategies 13- to 24-month-olds use to learn about people and the world.
2. Explain practices that promote learning and development during the second year.

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Find the ELOF




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Video Placeholder
File name: Find-the-ELOF.mp4




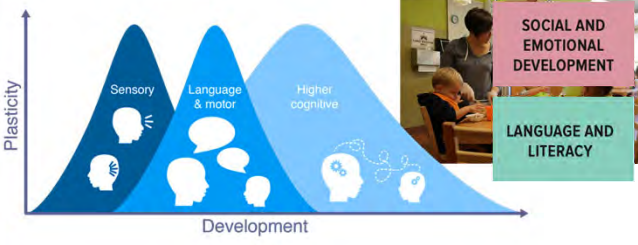
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What Examples Did You Find?




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Development Happens in a Sequence



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Food Sharing Study



A

Food Sharing Ball Passing

2A-E TEST
[crying noises]


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Thomas et al, 2022

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Strategies for Learning, Year 2

1. I look at the adults in my life and I learn from them.



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Emotional Eavesdropping



Institute for
LEARNING
& BRAIN
SCIENCES

Repacholi, Meltzoff, Rowe, and Toub 2014

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Video Placeholder

File Name: Emotional Eavesdropping.mp4



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Emotional Eavesdropping



Learning about emotions through observation

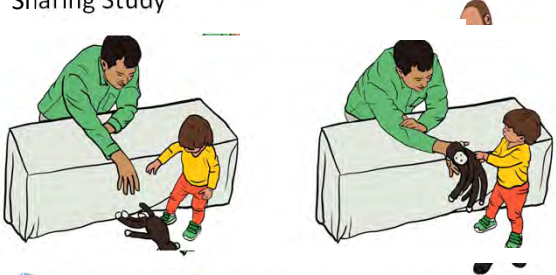
Self-regulation = ability to manage emotions and behavior

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Repacholi et al. 2014

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Sharing Study



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Barragan and Meltzoff 2021

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Strategies for Learning, Year 2

1. I look at the adults in my life and I learn from them.




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Strategies for Learning, Year 2

1. I look at the adults in my life and I learn from them.

2. I communicate.



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I Communicate



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Language Development



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Strategies for Learning, Year 2

1. I look at the adults in my life and I learn from them.
2. I communicate.
3. I experiment.





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Sharing



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Video Placeholder



File Name: Sharing.mp4

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“Caregivers recognize that toddlers constantly test limits and express opposition.”
~Zero to Three



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Strategies for Learning, Year 2



Play is learning.

#4. I play.



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Strategies for Learning, Year 2

1. I watch.
2. I communicate.
3. I experiment.
4. I play.




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Experimenting




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Video Placeholder

File Name: Toddler lunch.mp4



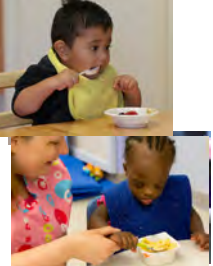
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Don't Jump in Too Quickly



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Principles of Development, Birth to Two



1. I am fascinated by people, and I readily learn from them.
2. I learn through experience, and I need help getting access to the things that will help me learn and grow.
3. I need help navigating change and regulating my emotions.
4. **I benefit from doing things for myself when I can.**

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Responsive Caregiving



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Flexibility Is Key



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Strategies for Learning



Effective Practices



1. I watch



1. Set a good example

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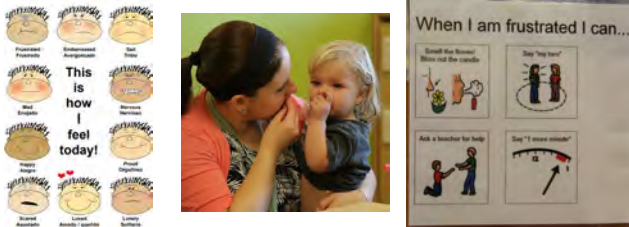
Model Persistence



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Talk About Emotions and Feelings



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Strategies for Learning



Effective Practices




2. I communicate




2. Talk to me at my level

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Book Reading



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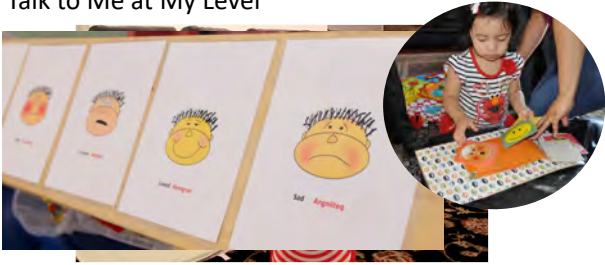
Video Placeholder

File: Book Reading-Home Visit.mp4

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Talk to Me at My Level




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Strategies for Learning → Effective Practices



3. I experiment



3. Prepare space and materials for me


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Loose Parts




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Video Placeholder

File name: Teacher-Loose Parts.mp4



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Open-Ended Materials



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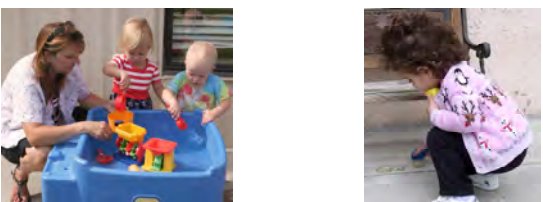
What Will the Scientists Be Interested in Today?



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Strategies for Learning → Effective Practices



4. I play

4. Prepare space and materials for me and don't rush me.

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Play Is Learning

“Boredom is your imagination calling to you.”
– Sherry Turkle

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Effective Practices

1. Set a good example
2. Talk
3. Prepare space and materials
4. Don't rush me

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Early Childhood Learning & Knowledge Center



<https://eclkc.ohs.acf.hhs.gov/>

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Thank You!


Join Us For Our Next Episode!
How Toddlers Think and Feel: What the Research Tells Us, Part 3



Thursday, August 18, 2022
3pm– 4pm EST



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We Want to Hear From You!

Please take some time to complete the session evaluation.

For more information contact:
ecdctl@ecetta.info
 (Toll-free 1-844-261-3752)

This training was supported by the Administration for Children and Families (ACF) of the United States (U.S. Department of Health and Human Services (HHS)) as part of a financial assistance award totaling \$10,200,000 with 100% funded by ACF. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACF/HHS, or the U.S. Government. This resource may be duplicated for noncommercial uses without permission.



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