

BABY TALKS

While You Are Waiting

Open the Participant's Guide and Get Ready...




1




BABY TALKS

Thursday, August 18, 2022

**How Toddlers Think and Feel:
What the Research Tells Us, Part 3**



Host
Beth Zack, PhD

Host
Marley Jarvis, PhD

2



Presenters




Beth Zack
PhD

Marley Jarvis
PhD



3

The First Three Years



1 – 12 months



13 – 24 months



25 – 36 months

4

Webinar Features



5

Learning Objectives



1. Identify strategies 25- to 36-month-olds use to learn about people and the world.
2. Explain practices that promote learning and development during the third year.

6

Amazing Growth and Development



7

Early Learning Outcomes Framework (ELOF)



8



I Am Two

What's the first word or phrase that comes to mind when you think of a two-year-old?



9

The First Three Years



25 – 36 months

The Child's Perspective

10

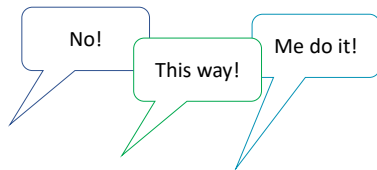
Principles of Development, Birth to Three



1. I am fascinated by people, and I readily learn from them.
2. I learn through experience, and I need help getting access to the things that will help me learn and grow.
3. I need help navigating change and regulating my emotions.
4. I benefit from doing things for myself when I can.


11

The Toddler Years



"A declaration of independence"
- Dr. Berry Brazelton

12



A young girl with a frustrated expression is sitting at a table, holding a small object. The background shows a classroom setting with shelves and toys.

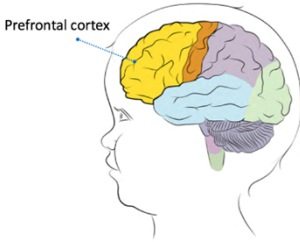
A Developmental Perspective

"A bundle of contradictions"
- Claire Lerner

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13

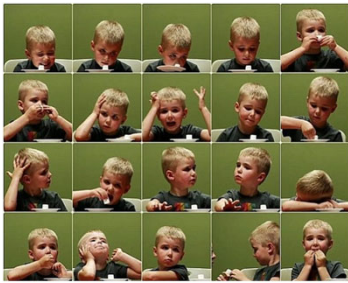
Brain Development



Prefrontal cortex

A diagram of a child's head in profile, showing the brain. The Prefrontal cortex is highlighted in yellow and labeled with an arrow.

14



A grid of 20 small images showing a child's facial expressions, arranged in 4 rows and 5 columns. The child is shown in various poses, illustrating different emotions or states of mind.

15

Early Self Control



Snack Delay



Gift Delay

16

Early Self Control and Temperament



Distractions during waiting task

- Active Toy (wagon)
- Calm Toy (stacking cups)

Gift Delay



Schopmann et al. 2022

17



Pulse Check

Is this a strategy you'll try or recommend a family tries at home when their child is feeling a little distressed or frustrated?

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18

Language Development and Temper Tantrums



19

Cognitive Development



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20



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21

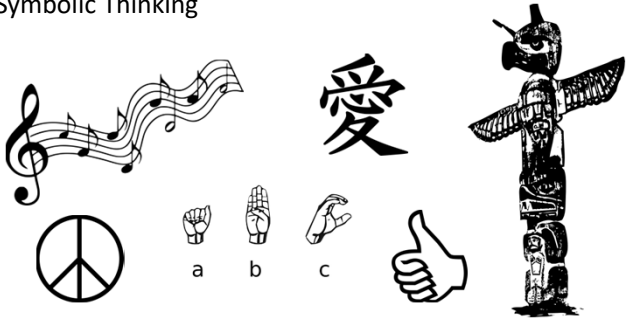
Supporting Cognitive Development



- Experimenting
- Questioning
- Testing
- Scaffolding
- Bringing the outdoors in

22

Symbolic Thinking



23

Symbolic Thinking



Big Dog



Miniature Dog

24

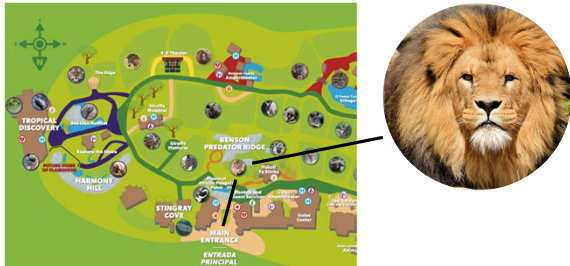
Symbolic Thinking



Troseth, Flores and Stuckelman 2019

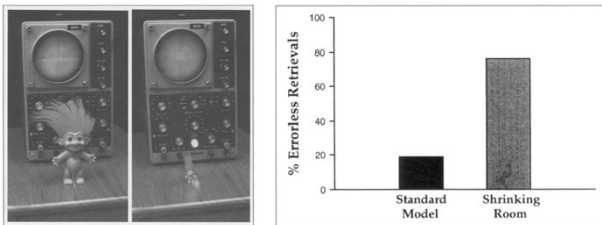
25

Symbolic Thinking




26

The Shrinking Machine



DeLoache 1995; DeLoache et al. 1997


27



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28

Pretend Play



- Different levels of pretend
- Adults as models
 - language
 - relationships
 - thinking skills
- Testing out roles / routines

29

Pretend Play



30

Principles of Development, Birth to Three



1. I am working on becoming social partners with others, and I readily learn from them.
2. I am fascinated by people, and I readily learn from them.
3. I learn through experience.
4. I need help navigating change and regulating my emotions.
5. I benefit from doing things for myself when I can.
6. I want to do things for myself, but I need you to set limits and scaffold my behavior.

31

Strategies for Learning



I assert my independence



I play



I experiment



I watch

32



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Effective Practices

33

Set Realistic Expectations



Parents overestimate children's ability for self-control.

34

Practice Self-Regulation Skills



I feel frustrated when...

35

Practice Self-Regulation Skills



36

Autonomy Support



Offer Choices



Follow Their Lead

37

Offer Choices



Does Rori like to eat apples or bananas?



Does Quinn like to eat bananas or apples?



Are Rori's pants tweed or khaki?



Are Quinn's pants khaki or tweed?

Sumner, DeAngelis, Hyatt, Goodman, and Kidd 2019

38

Language Tips for Autonomy Support



1. Only offer choices you are okay with
2. Drop "Ok?" from end of sentences
3. Avoid "Don't" statements



39

I Can Do It!



40

The Power of Yet

"You can't zip your coat, yet!"

"I can't zip my coat."



41

Help Grow My Language



"Please give each friend one napkin.
Una servilleta."

42

Create a Caring Community



43

Effective Practices



44




Join Us For Our Next Episode!

Thursday, January 19, 2023
3pm– 4pm EST

Thank You!



45



We Want to Hear From You!

Please take some time to complete the session evaluation.

For more information contact:
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