



11/09/2022

Coaching to Support Social and Emotional Skills

Coaching Corner Viewer's Guide

This viewer's guide gives you ideas for responsive relationship practices and strategies you can support your coachee to use. The reflection questions and activities will help you think about ways to support each coachee's learning about these practices and strategies. There will also be opportunities for you to reflect about your own practice as a coach. Helpful resources can be found in the Resources section of this guide.

Relationship Practices

Pyramid Model Practices



Each episode of Coaching Corner this season will focus on different tiers of the Pyramid Model. The Pyramid Model is a framework of evidence-based practices for promoting young children's healthy social and emotional development. This episode we are focusing on nurturing and responsive relationships.



National Center on

Early Childhood Development, Teaching, and Learning

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Building Nurturing and Responsive Relationships

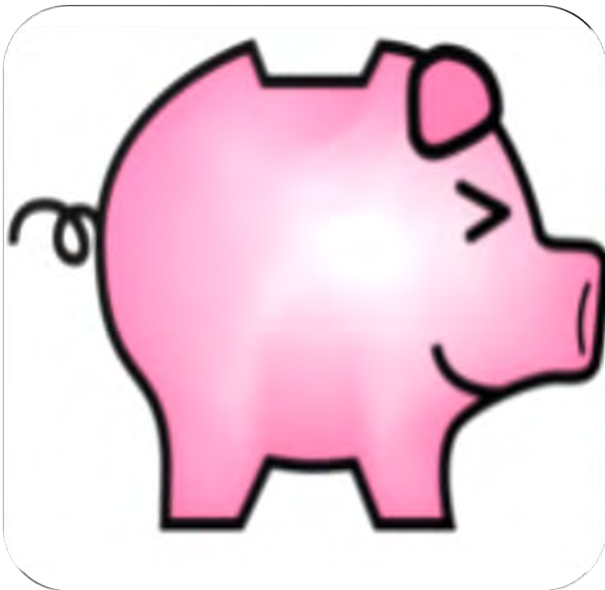
Relationships are the foundation healthy social and emotional development. Relationships include children, families, and members of your team. Children who develop trusting relationships with adults are better able to manage their thoughts, feeling, and actions. When children have strong relationships, they...

**Build Strong
Social and
Emotional
Skills**

**Gain
Self-
Confidence**

**More Likely
to Engage in
Positive
Behavior**

Relationship Piggy Bank



Ways to make deposits with children, families, and members of your team:

- Provide empathy
- Play together
- Share interests
- Give time and positive attention
- Make a positive call home or send a note/text

What are your favorite ways to make deposits with your coachees?

The BASICS: Relationships Are Key



B Behavioral expectations in advance



A Attend to and encourage appropriate behavior



S Scaffold with cues and prompts



I Increase engagement



C Create or add challenge



S Specific feedback



The BASICS are effective practices coachees can apply no matter what content they are focusing on (e.g., math, literacy, social emotional skills). It is always important to remember the basics. These are a collection of strategies that can be used in any group care setting when interacting with infants, toddlers, and preschoolers. Home visitors can also encourage families to use these practices with their children. During each Coaching Corner, we will focus on two letters of the BASICS and include an action plan to illustrate how a coachee might implement these practices.



Sharing **behavioral expectations in advance** is a strategy that can help to build trust among children, families, and adults because it helps to make clear what is going to happen or what is expected.



Attending to and encouraging positive behavior can help to build relationships with children. When we attend to and encourage positive behavior, we are making positive deposits and letting children know what to continue doing.



Interview with Dr. Adrienne Golden

What are some of your favorite strategies for building partnerships with your coachees?

Why is it important for coachees to build relationships with other members of their team?

What are some strategies you recommend coachees use when they are building relationships with their team members?

Are there materials that are helpful for the coachee to use with members of their team when building and maintaining relationships?

Once teams have built strong relationships, what are some ways they can use those relationships to support one another professionally?

Coaching and Practice

Directions: Read the relationship scenarios below. Think about what you might suggest these coachees do to build or support a strong relationship.

Relationship Scenarios: What Would YOU Do?

Coach Monique and Maria – Collaborative Teaming



Monique is Maria’s coach. Maria is the new lead teacher in the Sequoias classroom. The assistant teacher, Dylan, has been in this classroom for two years and Maria is the third lead teacher he has been paired with in that time.

How can Maria start this partnership off right with Dylan?

Your ideas:

Coach Paolo and Kate – Building Relationships with Children



Paolo is Kate’s coach. Kate is a family child care provider and wants to work on building relationships with the children in her care. She is having a hard time fitting in time to build connections with children between all the activities she has planned for them and the daily routines and cleaning.

What strategies should Paolo suggest Kate do to build relationships with the children?

Your ideas:

Coach Carmen and Home Visitor Annette – Building Relationships with the Family



Annette is a home visitor and Carmen is her coach. Annette is working with the Torres family and is having some trouble building relationships with the family. During a recording of a home visit, Carmen noticed that Annette has given the child and parents nicknames. When Carmen asks Annette about this, Annette states that she has trouble pronouncing their names and has given them nicknames to make it easier for her.

What should Carmen recommend Annette do to help build a relationship with the Torres family?

Your ideas:

Focus on Equity

What do you think about these coaching resources? Would they be feasible for you or your coachee to use?

Koko's Corner



The Head Start Coaching Companion is a video-sharing and coaching-feedback application for early care and education staff and providers. It helps coaches, coachees, and peer-coaching teams work together, even between coach visits or from a distance. Share video files, ask questions, exchange feedback, and develop individualized coaching plans that support quality teaching and positive outcomes for young children.

To login or join the Head Start Coaching Companion click here: <https://eclkc.ohs.acf.hhs.gov/professional-development/head-start-coaching-companion/head-start-coaching-companion>

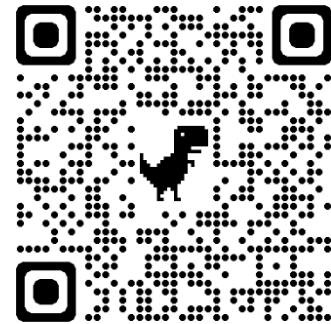
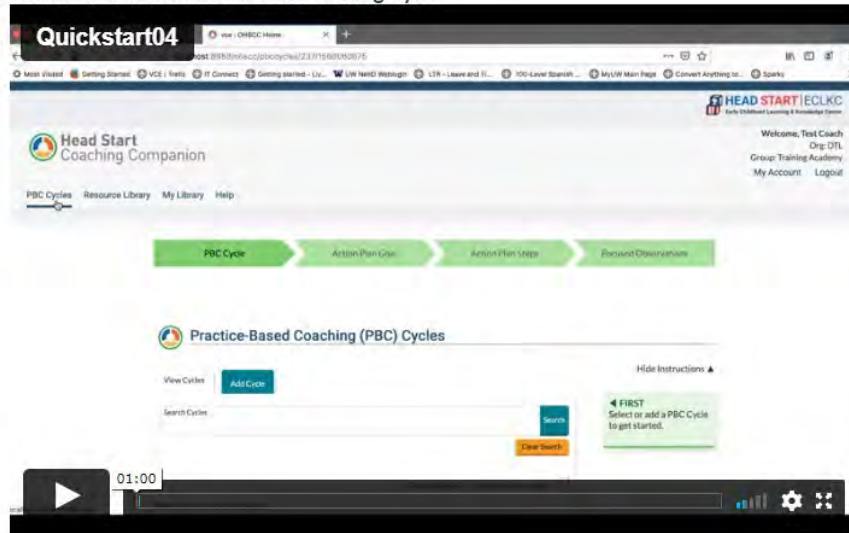
For more information, contact coachingcompanion@eclkc.info.

Try it Out!

Instructions: Scan the QR code below to watch how to create a new Practiced-Based Coaching cycle.

Create a New Practice-Based Coaching Cycle

4. Tutorial: Create a New Practice-Based Coaching Cycle



What do you want to remember about this video?

Your thoughts:

Helpful Resources

Online Resources

Interactive Head Start Early Learning Outcomes Framework: Ages Birth to Five

<https://eclkc.ohs.acf.hhs.gov/interactive-head-start-early-learning-outcomes-framework-ages-birth-five>

Interactive Head Start Early Learning Outcomes Framework: Ages Birth to Five (Spanish)

<https://eclkc.ohs.acf.hhs.gov/es/marco-interactivo-de-head-start-sobre-los-resultados-del-aprendizaje-temprano-de-los-ninos-desde-el>

Effective Practice Guides: Social and Emotional Development

<https://eclkc.ohs.acf.hhs.gov/school-readiness/effective-practice-guides/relationships-adults>

Effective Practice Guides: Social and Emotional Development (Spanish)

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/effective-practice-guides/desarrollo-social-y-emocional>

Fostering Connections 15-minute In-service Suite

<https://eclkc.ohs.acf.hhs.gov/video/fostering-connections>

Zoning to Maximize Learning

<https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/no-search/iss/staffing/zoning-staff-chart.pdf>

BabyTalks Webinar Series: The Science Behind Social and Emotional Development

<https://eclkc.ohs.acf.hhs.gov/video/science-behind-social-emotional-development>

Pyramid Model Overview

<https://challengingbehavior.cbcs.usf.edu/Pyramid/overview/index.html>

Circle Time Magazine: Relationships Are Key

<https://cultivatelearning.uw.edu/circle-time-magazine/season-2/episode-1/>

PRISM: Pyramid Model Practices Implementation Checklist (Infant/Toddler – Building Relationships with Children)

<https://prism.ku.edu/wp-content/uploads/2020/09/PRISM-Relate-5-Enhancing-my-Relationships.pdf>

PRISM: Pyramid Model Practices Implementation Checklist (Infant/Toddler – Working with Families)

<https://prism.ku.edu/wp-content/uploads/2020/09/PRISM-Relate-6-Practice-Implementation-Checklists-EEP-CWF.pdf>

Pyramid Model Practices Implementation Checklist

<https://challengingbehavior.org/docs/Pyramid-Practices-Checklist.pdf>

Early Intervention Implementation Checklist

https://challengingbehavior.org/docs/EI_Implementation_Checklist.pdf

All About My Child (English)

<https://challengingbehavior.cbcs.usf.edu/docs/All-About-my-Child.pdf>

All About My Child (Spanish)

https://challengingbehavior.cbcs.usf.edu/docs/All-About-my-Child_SP.pdf

Positive Feedback and Encouragement Starters (English)

https://challengingbehavior.cbcs.usf.edu/docs/ToolsBuildingRelationships_starters-for-giving-positive-feedback_Home.pdf

Positive Feedback and Encouragement Starters (Spanish)

https://challengingbehavior.cbcs.usf.edu/docs/ToolsBuildingRelationships_starters-for-giving-positive-feedback_Home_SP.pdf

Positive Attention Data Sheet

https://challengingbehavior.cbcs.usf.edu/docs/ToolsBuildingRelationships_Positive-Attention-Data-Sheet.pdf

Push Play: DTL on Demand

<https://bit.ly/DTL-PUSHPLAY>

Research Briefs

Center on the Developing Child: 5 Steps for Brain-Building Serve and Return

<http://devhcdc.wpengine.com/resources/5-steps-for-brain-building-serve-and-return/>

Center on the Developing Child: 5 Steps for Brain-Building Serve and Return (Spanish)

https://devhcdc.wpengine.com/wp-content/uploads/2017/09/HCDC_ServeReturn_Spanish.pdf

Building Positive Relationships with Young Children

<https://challengingbehavior.cbcs.usf.edu/docs/building-positive-relationships-with-young-children.pdf>

You're the Best Teacher! Responsive Interactions with Young Children

<https://eclkc.ohs.acf.hhs.gov/publication/youre-best-teacher-responsive-interactions-young-children>

You're the Best Teacher! Responsive Interactions with Young Children (Spanish)

<https://eclkc.ohs.acf.hhs.gov/es/publicacion/eres-el-mejor-maestro-interacciones-receptivas-con-los-ninos-pequenos>

Recommendations and Considerations for Positive Descriptive Feedback

<https://challengingbehavior.cbcs.usf.edu/docs/positive-feedback.pdf>

Mobile Apps

ELOF2GO Mobile App/MiELOF

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>

ELOF@Home

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>

Text4Teachers

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/text4teachers>

Text4HomeVisitors

<https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/mobile-tools-home-visitors>

Ready DLL Mobile App

<https://eclkc.ohs.acf.hhs.gov/culture-language/article/ready-dll-mobile-app>

Online Communities

MyPeers: Practice-Based Coaching Community

<https://eclkc.ohs.acf.hhs.gov/about-us/article/mypeers-collaborative-platform-early-care-education-community>