


Before We Begin...

Take a minute to download and save the resources from the Resource Widget.



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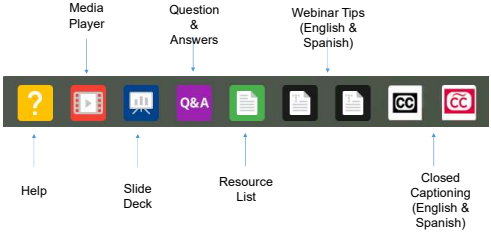
Coaching Corner Webinar Series:
Coaching Supports to Address Behavior Management
 July 22, 2020

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NCECDTL NATIONAL CENTER ON Early Childhood Development, Teaching and Learning

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Webinar Features



Media Player Question & Answers Webinar Tips (English & Spanish)

Help Slide Deck Resource List Closed Captioning (English & Spanish)

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Session Objectives

At the end of this presentation, you should be able to:

- Discuss how staff self-care impacts behavior
- Identify how strengthening collaborative partnerships impacts relationships with coachees, children, and families
- Explore resources that can support behavior management

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Practice-Based Coaching

- Focused on effective teaching and home visiting practices
- Based on collaborative partnerships
- Guided by goals and a plan for refinement and action
- Assessed through focused observation
- Supportive of coachee growth through reflection and feedback

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What's Your Status?

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Parallel Process of Support



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Poll

How would you describe the status of a majority of your coachees?

- A) Fully charged
- B) Running low
- C) Drained
- D) Not sure

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Triggers

Recognizing Your Hot Buttons

Hot buttons are the behaviors exhibited by others that "push your buttons" and often result in a reaction that you regret later. Being challenging and demanding may be considered either positive or an overall challenge that makes you angry. The challenge either makes you feel good or makes you feel bad. The key is to recognize the behaviors that push your buttons and to respond to them in a way that is helpful and respectful to the other person.

Your Child's Hot Buttons

- Being left out
- Being teased
- Not being listened to
- When a teacher is absent
- When others are talking
- When a teacher is absent
- When a teacher is absent
- When a teacher is absent

Reframing Your Hot Buttons

After identifying the behaviors that push your "hot buttons", it is important to stay calm and to reflect on the behaviors. When reflecting, think about how the behavior makes you feel. Think about what you may have been trying to communicate when engaging in the behavior. When you are able to understand the behavior as an attempt to communicate, you are more able to respond to the behavior in a positive way. Reframing parenting by reflecting on behavior helps strengthen the relationship between you and your child.

Supporting Your Child

- Help your child understand the behavior that is pushing their hot buttons.
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Reframing Your Hot Buttons


- Think about how the behavior makes you feel.
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Mindfulness Moments





VIDEO: Notice Five Things

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Calming Connections



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Mindfulness Resources

Relaxation Exercises
The Early Childhood Mental Health (ECMHC) team has created a series of relaxation exercises in English and Spanish. These exercises may be used by Head Start and Early Head Start families and staff to help reduce stress.
Our hope is that after listening to one or more of these recordings, families and staff will experience their daily activities feeling refreshed and re-energized. Enjoy!

- Introduction
- Relaxation Method 1: Deep Breathing
- Relaxation Method 2: Using Music to Relax
- Relaxation Method 3: Picturing a Peaceful Place

Topic: Family Support and Well-being
Keywords: Managing stress





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Back to the Basics: Collaborative Coaching Partnerships

It all begins here

Collaborative Coaching Partnerships

Shared Goals and Action Planning

Effective Teaching Practices

Focused Observation

Reflection and Feedback

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Back to the Start: Collaborative Partnerships

Collaborative Coaching Partnerships

Shared Goals and Action Planning

Effective Teaching Practices

Focused Observation

Reflection and Feedback

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Collaborative Partnerships: Coach-Coachee

- Safe space
- Communication
- Connection

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Collaborative Partnerships: Coachee-Children and Families



Connection is Key

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Connecting With Children



- Play
- Child-led/initiated
- Consistency
- Become the safe place

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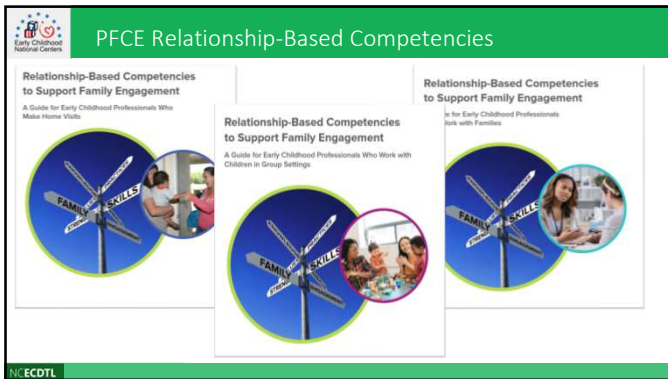
Connecting With Families



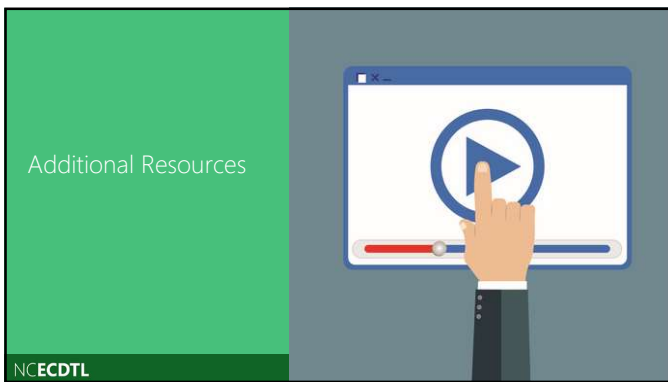
- Validate emotions and perspectives
- Include them in decision-making
- Consistent communication and follow-up
- Meaningful support in building their competence and confidence

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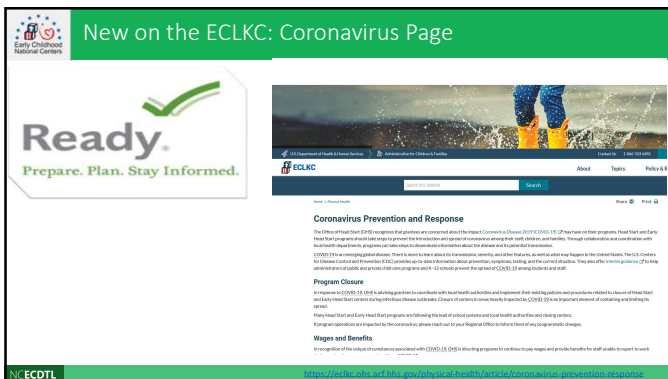
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ECLKC – Effects of Trauma: Managing Challenging Behaviors

Responding Positively to Your Child's Behavior

Biting: A Fact Sheet for Families

Understanding Children's Behavior as Communication

Social Emotional Development and Challenging Behaviors

Challenging Behavior: Prevention Strategies for Children with Disabilities

HEAD START | ECLKC
Early Childhood Learning & Knowledge Center

Mental Health

Effects of Trauma: Managing Challenging

Children who are exposed to trauma can have considerable reactions that can interfere and behaviors of all young children and families is hard work, but schools can serve as programs, in partnership with families, can help ensure children have the best start for

U.S. Department of Health & Human Services Administration for Children & Families

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ECLKC – Head Start Heals Campaign

Promoting Empathy, Understanding Trauma

Substance Use Disorder and Recovery

Mental Health Consultation Tool

National Child Traumatic Stress Network

National Center for Pyramid Model Innovations

HEAD START | ECLKC
Early Childhood Learning & Knowledge Center

Head Start Heals Campaign

U.S. Department of Health & Human Services Administration for Children & Families

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15-minute In-service Suites

Fostering Connections

Behavior has Meaning

Crosswalk

... 15-Minute ...
In-Service Suites

U.S. Department of Health & Human Services Administration for Children & Families

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DEC Resource Page



Resources to Support Early Intervention and Early Childhood Special Education During the COVID-19 Outbreak

Early Intervention Early Childhood Special Education

Updates Federal Guidance

Challenging Behaviors: Why We Shouldn't Expect Kids to Self-Regulate Too Soon

March 12th, 2017 | Community

Five-year-old Nathan was not the most socially adept of family outings to the zoo, but his mother kept hoping he would be able to control his behavior. So she made the family carefully avoid the penguin exhibit. She had no guinea pigs, could not walk past a chicken hotstand, she would get her head buried in the sand and not look up each time he misbehaved, though, he would look at her.


After just half an hour, Nathan was down to five guinea birds. Then he looked through the bars at his brother's tank, and his mother said that he was done. She said, "Nathan, go back to your chair or get a drink."

Unfortunately, the incident from the start. Why? It was on that Nathan was capable of controlling himself from one "self-compassion" moment.




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naeyc: Articles for Families on Behavior and Development



Social and Emotional Development



Guidance

Relationships

More on Behavior and Development

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Questions?

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<p>Thank You!</p> <p>NCECDL</p>	<p>For more information, contact: ecd1@ecetta.info or call (toll-free) 1-844-261-3752</p> <p>Please complete our Survey!</p>
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