



Use the Chat Box to share:

- What comes to mind when you think of the words explore or exploration?



# Implementing a Parenting Curriculum Using Implementation Science

Choosing a Parenting Curriculum: Exploration

September 22, 2017



# Series Overview– Register Today!



- September 22, 2017: Choosing a Parenting Curriculum: Exploration (Today!)
- October 20, 2017: Preparing to Implement a Parenting Curriculum: Installation
- November 10, 2017: Delivering the Parenting Curriculum: Initial Implementation
- December 8, 2017: Maintaining a High-Quality Parenting Program: Full Implementation

<https://eclkc.ohs.acf.hhs.gov/upcoming-events>

## Logistics

- If possible, connect via hard-wired internet (instead of WiFi)
- Help connectivity by closing other programs
- Your phones will be on mute
- To make a comment during the webinar, please use the chat box
- This webinar will be posted on ECLKC

## Welcome and Introductions



**Brandi Black Thacker,  
NCPFCE**



**Kiersten Beigel,  
Office of Head Start**



**Shela Jooma,  
NCPFCE**

## Objectives

- Review key terms to guide implementation of a parenting curriculum
- Plan for tasks such as developing an implementation team
- Review assessment tools to measure parents' strengths and needs as well as program capacity to support the delivery of the parenting curriculum
- Consider elements of an implementation plan to manage implementation efforts throughout the process

## What do the Head Start Program Performance Standards (HSPPS) say?

Parent activities to promote child learning and development, 45 CFR § 1302.51 (b): A program must, at a minimum, offer opportunities for parents to participate in a research-based parenting curriculum that builds on parents' knowledge and offers parents the opportunity to practice parenting skills to promote children's learning and development. A program that chooses to make significant adaptations to the parenting curriculum to better meet the needs of one or more specific populations must work with an expert or experts to develop such adaptations.



## Four Stages of Implementation



Source: Fixsen & Blase, 2008

## Four Stages of Implementation



## Exploration Stage

- Key Terms
- Key Tasks
- Key Take-Away Messages



## Key Terms for the Exploration Stage

- **Fit and feasibility:** Fit refers to how well the intervention fits with the program, state, or network's current initiatives, priorities, structures, supports, and parent/community values. Feasibility refers to the program, state, or network's capacity and resources for implementing the intervention.

- **Implementation teams:** Groups of individuals who have the task of intentionally leading, monitoring, and supporting implementation of the parenting program. Teams may include key stakeholders, as well as individuals who represent diverse roles in the organization such as teacher, administrators, family support staff, and parents or families.
- **Logic model:** A flow chart or picture portraying the theory of change and the steps that must occur to achieve desired outcomes.
- **Replication:** Implementation of an intervention in new sites based on how the intervention is delivered at an existing site.
- **Terms of reference:** A document outlining the implementation team's goals, structure, and approach to completing the work.
- **Theory of change:** A statement co-created by program, state, or network leaders and implementation teams that articulates target outcomes and possible pathways and processes by which change will occur.



## Fit and Feasibility: Questions to Consider

Topic	Sample Discussion Questions
Fit	How well does the intervention fit the identified strengths and needs of parents in your community? How well does it fit with parent and community values?
Mission, leadership and climate	Do the potential interventions align with your mission? Do the leaders charged with implementing the new intervention have the vision, knowledge and capacity to support this new initiative? Is it the right time for the program, state, or network to begin implementing a new parenting intervention?
Staff characteristics	Are staff open to implementing the potential parenting intervention? Will staff with the necessary skills and training be available? If new staff are needed, does the program, state, or network have the resources available to bring in new staff members?
Training needs	Is training available and affordable? Does training have an evidence base for skill development? (This information may be available within the Compendium.)
Coaching and supervision need	Who will provide coaching and supervision? What steps will we need to take to ensure a coaching plan is in place? What kind of ongoing support is needed to support the staff?
Staff assessment	How will staff performance implementing the intervention be assessed? What steps are needed to ensuring a performance assessment system is in place?
Community resources and partners	What local resources are available? Is another agency better suited to deliver the intervention, in partnership with the host organization? Or is the program, state, or network best suited to be the primary deliverer, in partnership with other agencies? What other entities are currently delivering similar services in the community?



## Let's Chat. Share Your Thoughts in the Chat Box.

- How does your program explore the fit and feasibility of new initiatives, projects, or opportunities?

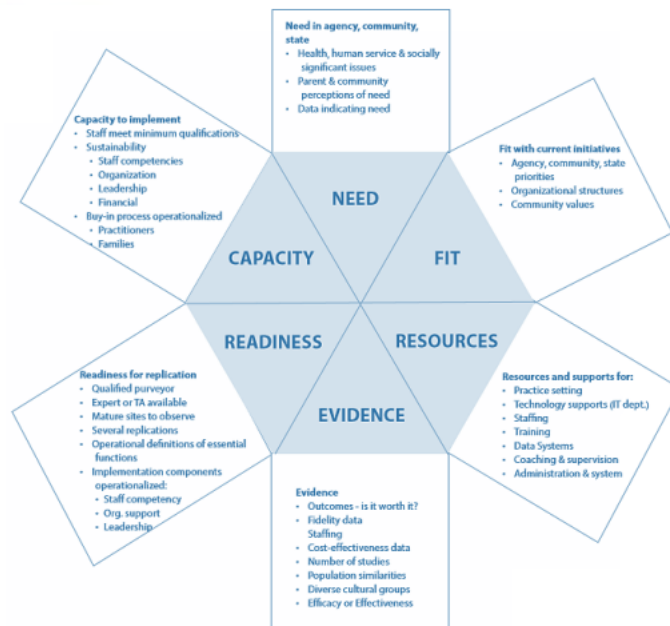


## The Hexagon Tool

The Hexagon Tool can be used as a planning tool to evaluate evidence-based programs and practices during the exploration stage of implementation.

See the Active Implementation Hub Resource Library  
<http://implementation.fpg.unc.edu>

EBP:	5 Point Rating Scale: High = 5; Medium = 3; Low = 1. Midpoints can be used and scored as a 2 or 4.		
	High	Med	Low
Need			
Fit			
Resource Availability			
Evidence			
Readiness for Replication			
Capacity to Implement			
<b>Total Score</b>			



\*Reproduced with permission from Blase, K., Kora, L. and Van Dyke, M. (2013). The Hexagon Tool: Exploring Context. Chapel Hill, NC: National Implementation Research Network, FPG Child Development Institute, University of North Carolina at Chapel Hill. Available at [http://implementation.fpg.unc.edu/sites/implementation.fpg.unc.edu/files/resources/NIIN\\_The%20Hexagon%20Tool.pdf](http://implementation.fpg.unc.edu/sites/implementation.fpg.unc.edu/files/resources/NIIN_The%20Hexagon%20Tool.pdf)

©2015 Laurel Kohn, Karen Blase, and Owen Fisher. Adapted from work by Laurel E. Blase, Michelle Jacob, Robert A. Zachry, and Jean Smith (2012). CC BY-NC-ND

## POLL - How could you integrate the Hexagon Tool into your work? (Check all that apply.)

- As a planning tool to evaluate parenting curricula options (either independently or as a full implementation team)
- To make a decision about which parenting curricula to explore further
- To ask questions about fit and feasibility of parenting curricula
- To assess our program's/staff's capacity and available resources to implement a chosen curriculum
- To use retroactively in later stages to confirm the chosen parenting curriculum's fit
- All of the above



## Key Tasks

- Identify implementation team members and develop an action plan
- Do a strengths and needs assessment
- Determine the potential fit and feasibility of new parenting curriculum
- Develop a theory of change and logic model
- Select a parenting curriculum





## POLL

Which of these activities have you completed? (Check all that apply.)

- Develop an implementation team
- Develop a work plan
- Identify the strengths and needs of families
- Explore possible parenting curricula
- Choose parenting curriculum



## Parenting Curriculum Decision-Making Checklist

A parenting curriculum should include the following characteristics:

- Structured, sequenced learning activities for parents that focus on two or more of the following domains of learning:
  - ✓ Nurturing (warmth, responsiveness, and sensitivity)
  - ✓ Discipline (providing limits, teaching self-control, handling challenging child behaviors)
  - ✓ Teaching (conveying information or skills)
  - ✓ Language (conversations)
  - ✓ Supervision (watchfulness)
- A manual or guide that describes what learning domains to deliver, how to present them, and in what order
- Available for public use
- Two or more sessions
- Delivered in a time-limited or ongoing manner
- Delivered to parents as the intended and primary audience
- Includes an opportunity for parents to practice skills
- Able to be implemented in early childhood settings or community-based organizations
- Research-based

# Understanding What We Mean by Research-Based Curriculum

## Research-Based:

- ▶ Is *founded* on solid research about parenting concepts, skills and practices; and
- ▶ Promotes activities that have been previously shown to have positive effects on parenting/child outcomes; and
- ▶ Has a preliminary or descriptive evaluation of the curriculum itself, but has not necessarily confirmed that any changes in desired parenting/child outcomes were related to or caused by the curriculum.

## Promising Research-Based:

- ▶ Includes everything in the Research-Based category, and
- ▶ Has at least one quasi-experimental study that influences the desired parenting/child outcomes.

## Evidence-Based:

- ▶ Includes everything in the Research-Based and Promising Research-Based categories; and
- ▶ Has more than one strong, quasi-experimental and/or random assignment study (or set of studies) that influences or causes changes in desired parenting/child outcomes.

# Action Planning Format

**NATIONAL CENTER ON**  
 Parent, Family and Community Engagement

Implementing a Parenting Curriculum Using Implementation Science  
 Exploration Stage Action Plan

**Action Planning**

What might we do to further strengthen our Exploration process? Are there activities we need to revisit? What are the "next right steps" to engage in or revisit activities?

**Exploration Stage**

- Develop a regular calendar to include the progress/activities and supporting successful implementation
- Implementation Team communication plan developed
- Identify need, programs to meet need, determine fit, examine evidence
- Consider resource availability, necessary materials, capacity to implement

**References**

Blasé, K., Fixsen, D., & Metz, A. (2013-2017). The National Implementation Research Network's Active Implementation Hub. Retrieved from <http://implementation.fba.usc.edu/>

Blasé, K., Fixsen, D., & Metz, A. (2013-2017). Implementation stages action plan. Retrieved from <http://implementation.fba.usc.edu/sites/implementation.fba.usc.edu/files/resources/NIEN-Education-ImplementationStagesActionPlan.pdf>

For more information about this resource, please contact us:  
 FY CE@aceta.info | 1-866-763-6481

**ACF**

**Exploration Stage Action Plan**

Name of Program or Organization: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Implementation Team Members: \_\_\_\_\_

Activities	Time Frame	Person(s) Responsible	Resources Needed

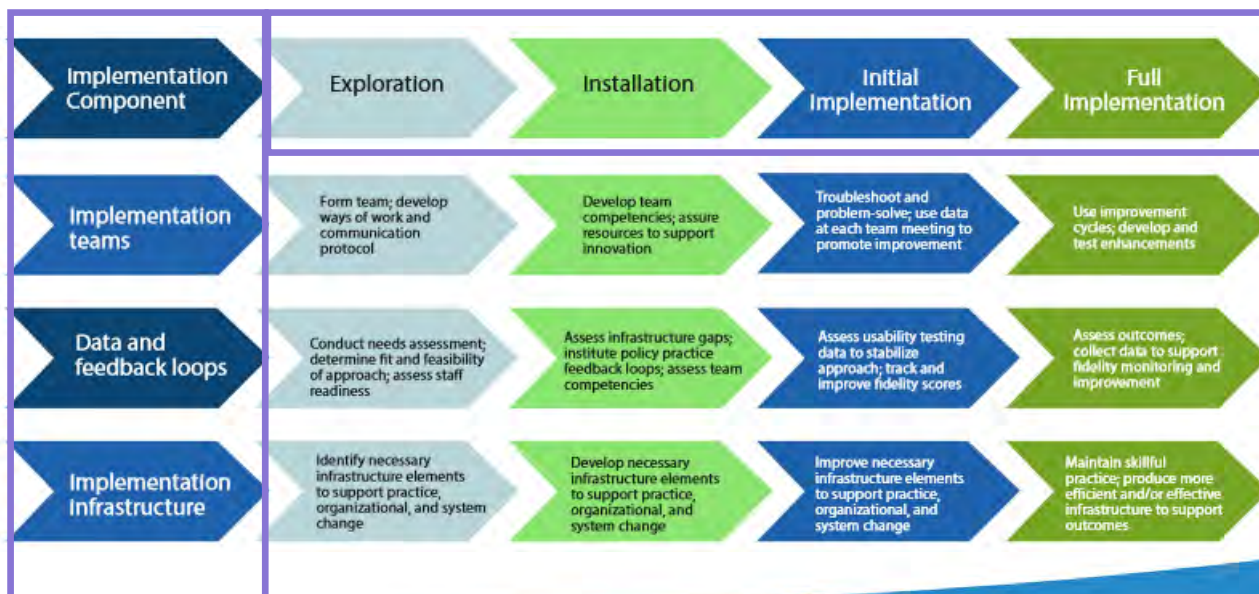
Adapted by the State Scaling-Up of Evidence Based Practices Center from MBLN (2011), RUCRL (2012)

## Key Take-Away Messages

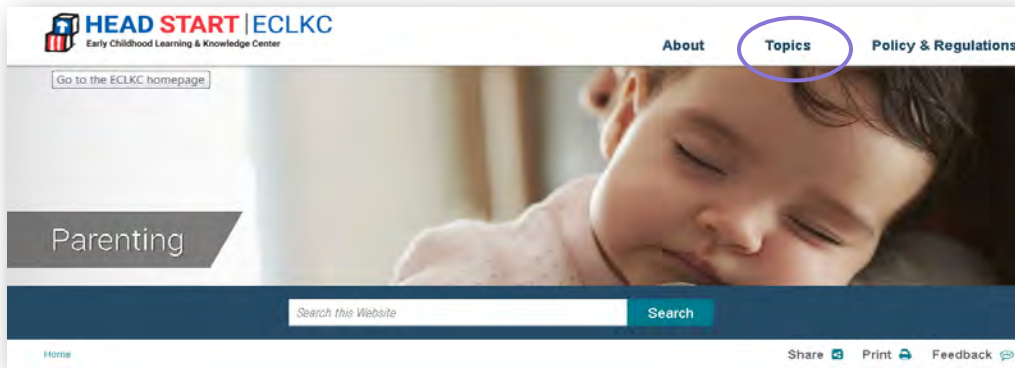
- Exploration is a time for planning
  - Collect information about the families in your community
  - Identify curricula that match families' and program's priorities
  - Develop an implementation team with a common understanding of roles and responsibilities
- Families are critical partners
- Learn what promising parenting curricula are available
  - Use the decision-making checklist to assess the options



## Implementation Components: Key Functions at Each Stage of Implementation

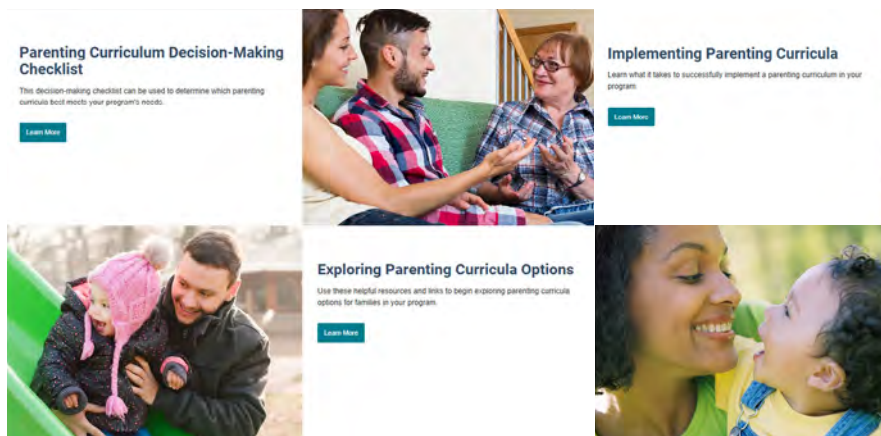


# Resources to Share



<https://eclkc.ohs.acf.hhs.gov/parenting>

# Resources to Share



<https://eclkc.ohs.acf.hhs.gov/parenting>

# Resources to Share



<https://eclkc.ohs.acf.hhs.gov/publication/parenting-curriculum-decision-making-checklist>

# Resources to Share



## Exploring Parenting Curricula Options

Use these helpful resources and links to begin exploring parenting curricula options for families in your program.

### Parenting Curricula Resources

- Compendium of Parenting Interventions
- An Introduction to the Compendium of Parenting Interventions

### Registries that Include Parenting Curricula

- Blueprints for Healthy Youth Development
- California Evidence-Based Clearinghouse for Child Welfare (CEBC)
- National Registry of Evidence-based Programs and Practices (NREPP)

### Related Resources

- Appendix C, Table of Parenting Interventions: Table C-1. Evidence-Based Interventions That Support Parenting

<https://eclkc.ohs.acf.hhs.gov/parenting/article/exploring-parenting-curricula-options>

## Don't Miss Upcoming Webinars in the Series – Register Today!



- September 22, 2017: Choosing a Parenting Curriculum: Exploration (Today!)
- October 20, 2017: Preparing to Implement a Parenting Curriculum: Installation
- November 10, 2017: Delivering the Parenting Curriculum: Initial Implementation
- December 8, 2017: Maintaining a High-Quality Parenting Program: Full Implementation

<https://eclkc.ohs.acf.hhs.gov/upcoming-events>

## Join the Chat After the Webinar!



## Online Survey and Certificates

- Your feedback is important to us!
- A Thank You email with a survey link is on its way! Keep an eye out for it in your inbox.
- You can print your certificate upon completion of the survey.



NATIONAL CENTER ON  
Parent, Family and Community Engagement

For more information about this resource, please contact us:  
[pfcewebinars@ecetta.info](mailto:pfcewebinars@ecetta.info) | 1-866-763-6481

