

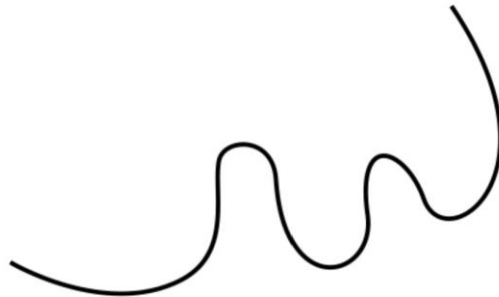


Viewer's Guide

This viewer's guide provides ideas for Family Child Care Providers, incorporating creative arts and expression through everyday playful experiences, opportunities for reflection, and practical strategies for nurturing children's curiosity, interests, and creativity to extend learning.

Let's Play!

Finish the drawing...



"Creativity seems to emerge from multiple experiences...including a sense of freedom to venture beyond the known."

– Loris Malaguzzi



National Center on

Early Childhood Development, Teaching, and Learning

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Reflecting

What are some ways you practice creativity as a family child care provider?

Head Start Early Learning Outcomes Framework (ELOF)

Follow the link below to the interactive ELOF. Then, click on domains and subdomains. Within each subdomain are goals that outline the developmental progression of skills for ages birth through five.

	CENTRAL DOMAINS				
	APPROACHES TO LEARNING	SOCIAL AND EMOTIONAL DEVELOPMENT	LANGUAGE AND LITERACY	COGNITION	PERCEPTUAL, MOTOR, AND PHYSICAL DEVELOPMENT
▲ INFANT/TODDLER DOMAINS	Approaches to Learning	Social and Emotional Development	Language and Communication	Cognition	Perceptual, Motor, and Physical Development
● PRESCHOOLER DOMAINS	Approaches to Learning	Social and Emotional Development	Language and Communication Literacy	Mathematics Development Scientific Reasoning	Perceptual, Motor, and Physical Development



Need to access the ELOF on the go? Check out ELOF2GO, a mobile app that includes the ELOF developmental progressions here:

<https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elif2go-mobile-app> (English)

<https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/articulo/aplicacion-movil-mielof-en-espanol> (Spanish)

What is one playful, creative arts experience you've provided the children in your care with recently?

Which of the ELOF domains did that experience include? What changes might you make next time to provide opportunities with more of the ELOF domains?

Characteristics of Learning through Creative & Playful Experiences

Experienced as joyful

Helps children (and adults!) find meaning in what they are doing or learning

Involves active, engaged thinking

Involves experimentation

Involves social interaction

Nurturing Learning Through Creative Arts Experiences

Write down one way you set up intentional environments and materials for the children in your care. Write down one new idea you have about this moving forward.

Write down one way you follow children's lead. Looking ahead, what is one new way you could follow children's lead?

Observe the children during a creative arts activity and take notes below. How are children interacting with the environment/materials?

Based on your notes above, what might you adjust to help extend children's exploration and learning?

Welcoming Families

What are ways you learn about and welcome the different cultures and ways of creativity of the families and children?

What new or different ways would you like to try?

Caring for Ourselves

We do our best caregiving and teaching when we feel well ourselves. Engaging in self-care practices can help us build greater social and emotional capacity to be present in the moment with the children in our care and experience the joy of teaching and learning. Nurturing ourselves is an important part of the nurturing the creativity of those we care for.



Cut it out and post in your learning environment!



Sit in a comfortable position with your body relaxed. Allow your eyes to softly close.

Imagine a color that feels soothing or happy to you

Inhale and **visualize** that color entering your body

Allow the color to wash over you. Feel calm, safe, and fresh

Feel your color travel through your body from head to toe relaxing your muscles

Exhale and return to this moment

What are some things you do for self-care that brings you joy?

I am joyful when I....

1. _____
2. _____
3. _____

Helpful Resources

Online Resources

- Interactive Head Start Early Learning Outcomes Framework: Ages Birth to Five
 - <https://eclkc.ohs.acf.hhs.gov/interactive-head-start-early-learning-outcomes-framework-ages-birth-five> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/marco-interactivo-de-head-start-sobre-los-resultados-del-aprendizaje-temprano-de-los-ninos-desde-el> (Spanish)

- Child Observation: The Heart of Individualizing Responsive Care for Infants and Toddlers
 - <https://eclkc.ohs.acf.hhs.gov/child-screening-assessment/child-observation-heart-individualizing-responsive-care-infants-toddlers/child-observation-heart-individualizing> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/pruebas-diagnosticas-y-evaluaciones-de-los-ninos/child-observation-heart-individualizing-responsive-care-infants-toddlers/observacion-del-nino-la> (Spanish)
- Lego Foundation: Learning through Play What Does it Mean?
 - https://www.lego.com/cdn/cs/sustainability/assets/blt7aaec03836d94291/LtP_What_Is_It_-_Parents_PDF.pdf
- Curriculum: Learning Experiences
 - <https://eclkc.ohs.acf.hhs.gov/curriculum/article/learning-experiences> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/curriculo/articulo/experiencias-de-aprendizaje> (Spanish)
- Music in Child Development
 - <https://eclkc.ohs.acf.hhs.gov/curriculum/article/music-child-development> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/curriculo/articulo/hablemos-de-la-musica-parte-1> (Spanish)
- Supporting the A in STEAM with Infants and Toddlers
 - <https://eclkc.ohs.acf.hhs.gov/publication/supporting-steam-infants-toddlers> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/publicacion/fomento-de-las-artes-en-steam-en-los-bebes-y-ninos-pequenos> (Spanish)
- Importance of Play in Early Childhood
 - <https://eclkc.ohs.acf.hhs.gov/curriculum/article/news-you-can-use-play> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/curriculo/articulo/hablemos-de-el-juego> (Spanish)
- Sesame Workshop: Guided Play with Roberta Golinkoff, Ph.D.
 - <https://sesameworkshop.org/resources/guided-play-with-roberta-golinkoff-ph-d/>
- Brilliant Bilingual Babies
 - <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/brilliant-bilingual-babies.pdf>

- NAEYC: Harnessing the Joy of Open-Ended Materials with Your Child
 - https://www.naeyc.org/sites/default/files/globally-shared/downloads/PDFs/resources/pubs/tyc_mib2_summer2022_v2.pdf
- Using Materials Found in the Home in Head Start and Early Head Start Home-Based Programs
 - <https://eclkc.ohs.acf.hhs.gov/learning-environments/article/using-materials-found-home-head-start-early-head-start-home-based-programs> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/entornos-de-aprendizaje/articulo/el-uso-de-materiales-que-se-encuentran-en-el-hogar-en-los-programas-head-start-y-early-head-start> (Spanish)
- Effective Practice Guides: Sense of Identity and Belonging
 - <https://eclkc.ohs.acf.hhs.gov/school-readiness/effective-practice-guides/sense-identity-belonging-do> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/preparacion-escolar/effective-practice-guides/sentido-de-identidad-y-pertenencia-hacer> (Spanish)
- Learning from Families, Culturally Responsive Curriculum
 - <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/no-search/iss/culturally-responsive-approach/culture-resp-curr-02-tips-es-learning-families.pdf>
- Tips for Families: Inviting Families to Share Their Cultures, Culturally Responsive Curriculum
 - <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/no-search/iss/culturally-responsive-approach/culture-resp-curr-13-families-share-culture.pdf>
- Culturally Sensitive Care
 - https://childcareta.acf.hhs.gov/sites/default/files/public/itrg/pitc_rationale_-_culturally_sensitive_care_508_2.pdf
- Loose Parts on the Playground
 - <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/no-search/hsbs-loose-parts-webinar.pdf>
- Designing Messy Play for Infants and Toddlers
 - <https://eclkc.ohs.acf.hhs.gov/publication/designing-messy-play-infants-toddlers> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/publicacion/disenio-del-juego-sensorial-para-bebes-y-ninos-pequenos> (Spanish)

- Environment Support for Children with Disabilities
 - <https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/environmental-support> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/ninos-con-discapacidades/articulo/apoyos-en-el-entorno> (Spanish)
- Training Suits on Infants and Toddlers with Disabilities: Curriculum Modifications
 - <https://eclkc.ohs.acf.hhs.gov/children-disabilities/training-suits-infants-toddlers-disabilities/curriculum-modifications> (English)
 - <https://eclkc.ohs.acf.hhs.gov/es/ninos-con-discapacidades/training-suits-infants-toddlers-disabilities/modificaciones-del-curriculo> (Spanish)
- Curriculum Modifications: Putting it Into Action Tips for Teachers handout
 - <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/no-search/iss/curriculum-modifications/putting-it-into-action-teacher-tips.pdf>
- What Do Today's Children Need for Their Future?
 - <https://www.naeyc.org/resources/pubs/books/excerpt-from-nurturing-creativity>

Mobile Apps

- ELOF2GO Mobile App
 - <https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>
- Text4Teachers
 - <https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/text4teachers>
- Ready DLL Mobile App
 - <https://eclkc.ohs.acf.hhs.gov/culture-language/article/ready-dll-mobile-app>

Online Communities

- MyPeers: Family Child Care Connections Community
 - <https://eclkc.ohs.acf.hhs.gov/about-us/article/mypeers-collaborative-platform-early-care-education-community>