Use the Chat Box to share:

- What questions do you have about using the decision-making checklist?



# Implementing a Parenting Curriculum Using Implementation Science

Choosing a Parenting Curriculum: Lessons Learned
December 8, 2017

NATIONAL CENTER ON
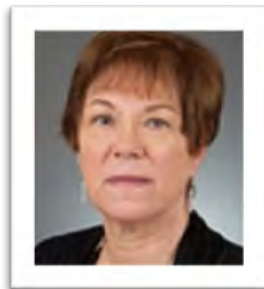Parent, Family and Community Engagement

## Logistics

- If possible, connect via hard-wired internet (instead of WiFi)

- Help connectivity by closing other programs

- Your phones will be on mute

- To make a comment during the webinar, please use the chat box
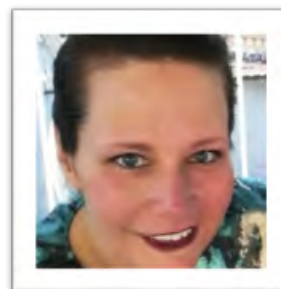
- This webinar will be posted on ECLKC

## Welcome and Introductions

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NATIONAL CENTER ON
Parent, Family and Community Engagement

Early Childhood
National Centers

# Objectives

- Review lessons learned about choosing and implementing a parenting curriculum

- Explore unanswered questions about selecting and delivering a curriculum

- Discuss resources that support selection and implementation of parenting curriculum efforts

# Four Stages of Implementation



Source: Fixsen & Blase, 2008

## What do the Head Start Program Performance Standards (HSPPS) say?

1302.51(b)

A program must, at a minimum, offer opportunities for parents to participate in a research-based parenting curriculum  that builds on parents' knowledge and offers parents the opportunity to practice parenting skills to promote children's learning and development. A program that chooses to make significant adaptations to the parenting curriculum to better meet the needs of one or more specific populations must work with an expert or experts to develop such adaptations.

Head Start Program
Performance Standards
#HeadStart

## What You've Been Asking

- Is it a curriculum or an intervention?

- What do you mean by "offer opportunities"? If we offer the opportunity and no families attend are we still okay?

- Can our community partner host the curriculum?

- Is the curriculum we chose approved by OHS?

- Can my home-based curriculum (or the classroom curriculum I already use) be a parenting curriculum?

- How do I figure out if a curriculum is research-based?

- What curricula serve families with different cultural and ethnic backgrounds?

**Parenting Curriculum Decision-Making Checklist - Revised**

A parenting curriculum should include the following characteristics:

- A set of structured, sequenced learning activities for parents that focus on two or more of the following domains of parent learning:
  - ❑ Nurturing (warmth, responsiveness, and sensitivity)
  - ❑ Discipline (providing limits, teaching self-control, handling challenging child behaviors)
  - ❑ Teaching (conveying information or skills; this includes culture, traditions, and family rituals)
  - ❑ Language (conversations)
  - ❑ Supervision (watchfulness, age appropriate exploration)
- An opportunity for parents to practice skills
- Three or more required sessions
- Delivered in a time-limited or ongoing manner
- Delivered to parents as the intended and primary audience
- Able to be implemented in early childhood settings or community-based organizations
- A manual or detailed guide that describes what learning domains to deliver, how to present them, and in what order
- Available for public use
- At least research-based

# Diving Deeper into the Decision Making Checklist

A Set of Structured, Sequenced Learning Activities for Parents

Table of Contents

- Session 1
- Session 2
- Session 3
- Session 4
- Session 5
- Session 6

**Focused on Domains of Parent Learning**

- **Nurturing** (warmth, responsiveness, and sensitivity)
- **Discipline** (providing limits, teaching self-control, handling challenging child behaviors)
- **Teaching** (conveying information or skills; this includes culture, traditions, and family rituals)
- **Language** (conversations)
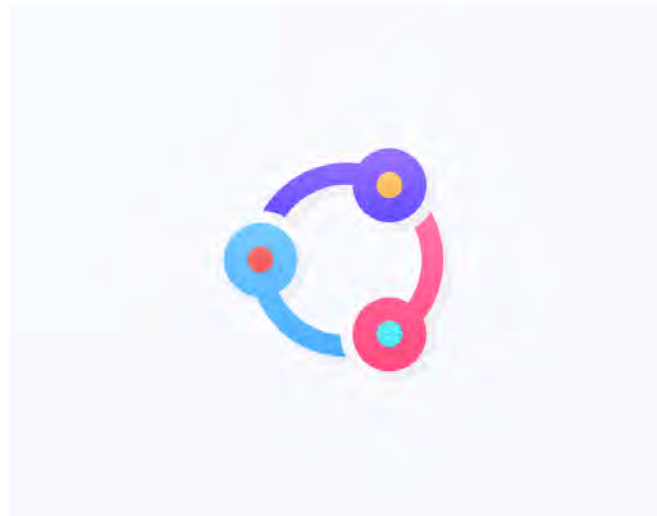- **Supervision** (watchfulness, age appropriate exploration)

**Opportunities for Parents to Practice Skills**



**Three or More Required Sessions**

- Session 1 – Introduction
- Session 2 – Learn what you need to know
- Session 3 – Practice what you learned

**Delivered in Time Limited or Ongoing Manner**



**Delivered to parents as the intended and primary audience**

Able to be
implemented in early
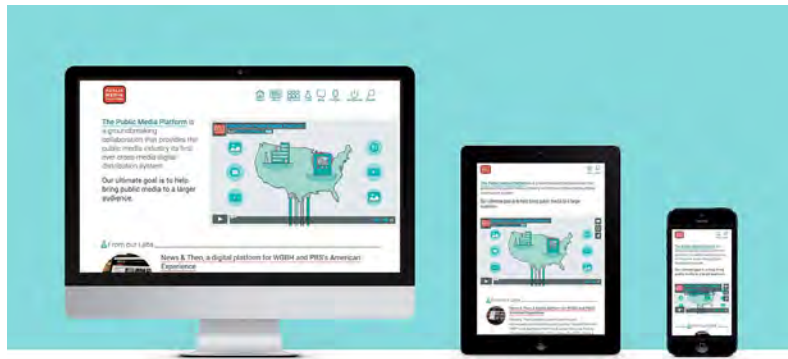childhood settings
or community-based
organizations

A manual or detailed
guide that describes
what learning
domains to deliver,
how to present them,
and in what order

**Available for Public Use**

# www.MyAwesomeParenting Curriculum.com



# At Least Research Based

Research Informed

Research Based

Promising Research Based

Evidence Based

## Forthcoming Resources



## Join the Chat After the Webinar!

# Online Survey and Certificates

- Your feedback is important to us!

- And email with a survey link and certificate is on its way!  Keep an eye out for it in your inbox.

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For more information about this resource, please contact us:
pfcewebinars@ecetta.info | 1-866-763-6481