

## **Why Am I Important to My Child's Development and Learning?**

[Music]

Narrator: As a parent, you are the most important person in your child's life. You work hard to cover the basics. Lots of attention, meals, snacks, and diaper changes every day. And you know that the time and effort you put in now prepares your child for the future. So, what's the biggest, best, and most important thing for your child? Her relationship with you. When your child is born, she already knows the sound of your voice. She will soon learn to recognize your face, and she'll learn to feel safe just because you're nearby. The safety and security you provide make it possible for your child to explore the world, to be curious, and to learn new things knowing that you have her back when she's uncertain or needs to check in. The time you spend together paves the way for friendship, school success, and a bright future. You are your child's first teacher, and you can give him a head start for everything that follows. Ask your home visitor about activities and daily routines that are just right for your little one and you. His age, his personality, your home, your schedule. You've got this. Head Start can help.

[Music]