

## **Head Start Home-Based Option: Socialization**

Narrator: Parenthood can be lonely. So many questions. "Is he comfortable? Hungry? Having a bad moment?" Sometimes you just want to check in with other parents, see how they're managing, and learn new activities and what to expect with your child. That's why the Head Start home-based option has socializations groups for parents and children. These groups give you and your child a time and a place to hang out with other families.

Your child gets to play with other kids, and you get to chat with grown-ups and learn new activities to do with your child. It's a group experience that helps you learn new skills. Your home visitor runs the group and gets to know your child in a new situation. At your next home visit, she'll have more info to share about ways to support your child and help him grow. As your child grows and changes, you'll appreciate the company of other parents who are right there with you. And your child may be making his very first friends, an important part of growing up.